



Health Matters

by
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It's estimated that high blood pressure (HBP) puts over 70 million of us at risk for heart attacks, strokes and/or kidney problems and only 52% even have it under control. Affecting almost 1-in-3 adults, HBP costs us an astounding \$46B a year in health-care services, meds and lost work.

Every-day stress can be a primary cause of HBP and holiday-associated stress can be an even greater contributing factor. If your blood pressure is consistently above 140 over 90, you can first take steps such as losing weight, exercising regularly, using de-stressing measures, stopping smoking and eating more fruits/veggies (higher in potassium) and fewer processed foods (higher in sodium).

Blood Pressure Factors is a combination of synergistic nutrients, containing apple pectin (soluble fiber), magnesium, potassium, hops, valerian, celery seed, hawthorn berry, cayenne and garlic that has been shown to lower HBP without side effects.

As always, we guarantee your satisfaction.

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