



The COOS HEAD SCOOP

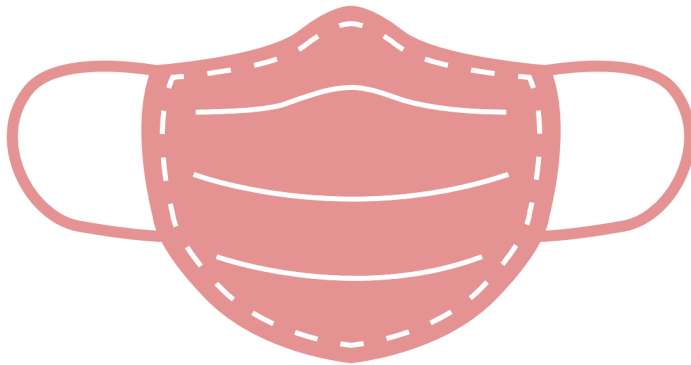
JULY 2020

Fresh Produce, Locally Sourced, & Community Owned Co-Op!

FACE MASKS REQUIRED

For the health and safety of our customers and staff, Coos Head Food Co-Op continues to require shoppers to wear a face mask while in the store. Exceptions will be made for individuals unable to wear a face mask due to a medical condition, and children under the age of 12 years.

The Co-Op has a limited number of temporary face masks for those without. Please see the cashier for a mask.



Your local Coos Head Food Co-Op, is a sponsor of this year's Coos Bay Farmer's Market. The market is open weekly on Wednesday from 9am - 2pm, located on Central Ave in Coos Bay.

For more information visit:
<https://coosbaydowntown.org/>

More Bang For Your Buck!!

It's a win/win for you and the Co-Op!!! Have you ever wanted to get more for your buck? Paying with either cash or check means zero transaction fees for the Co-Op. The Co-Op is charged, on average, a 2% processing fee for these transactions. Please consider the next time you shop to choose cash or check, if possible. That 2% can go a long way....

Contact Us:

✉ **OFFICE@COOSHEADFOODCOOP.ORG**

📷 **COOSHEADFOODCOOP1971**

📘 **COOS HEAD FOOD CO-OP**

VISIT US ONLINE AT: COOSHEADFOOD.COOP

Curbside Pickup

Your local Coos Head Food Co-Op is now offering grocery pickup service to help keep our most vulnerable community-members safe.

If you're of good health and not in a high-risk group for coronavirus, please visit our store, as we have limited capacity to implement curbside pickup. Senior and high-risk groups can now shop on Tuesday and Thursday between 8am and 9am.

If you feel you are in a high-risk group, including seniors and those with compromised immune systems, and need grocery pickup service, we're glad to help do your shopping.

Email your shopping list to office@coosheadfoodcoop.org.

Orders placed Monday–Friday excluding Wednesday before 11am will be available for same day pickup between 2–4pm.

Orders placed after 11am will roll over to the next pickup date.

Your email should include your name, phone number, and a detailed list of the groceries you need. Please limit your request to 15 items or less and let us know if it's OK to make substitutions or if you'd rather we skip an item if it is out of stock.

We will call to confirm your order, and to get credit card payment information. We'll do our best to fill your orders, but staff may need to make substitutions on comparable items. All sales are final, and we are not currently accepting returns. Some items may be temporarily out of stock.

When you arrive to pick up your groceries, please call the store to let the staff know you are outside. We will bring your groceries out to your vehicle. Please have a space cleared so our staff can load your groceries while keeping a safe 6-foot distance.



A Growing Worker Co-Op

Around 1991, Equal Exchange established itself as a Fair Trade specialty coffee company, offering loyal food co-op customers a store bin system with a full line of beans, decaf coffee, different roasts, and flavored coffees. By the end of the year what had once been the "pipe dream" of reaching \$1 million in sales had become a reality.

By 1994, Equal Exchange was a worker-owned cooperative with 20 members—with departments, managers, and a growing number of outside investors. A pivotal early investment by the Adrian Dominican Sisters helped to alert others that this undertaking, however risky, might be worthy of outside financial support.

Another exciting chapter in our history started in 1996, when Equal Exchange joined with Lutheran World Relief in a pathbreaking collaboration to launch what has now become our Interfaith Program. This major initiative helped Equal Exchange create partnerships with communities of faith throughout the U.S. Over the next seven years more than 10,000 congregations across the U.S. began using our Fair Trade coffee.

The idea of Fair Trade had caught on among a small but growing segment of American consumers during this same period. In 1998, a system of Fair Trade product certification was launched in the U.S. This was also the year that an Equal Exchange office opened in Oregon in order to support the growth of West Coast sales.



“History of Equal Exchange | Equal Exchange.” *Equal Exchange | Fairly Traded Coffee, Tea & Chocolate*, Equal Exchange , 2019, <http://Equalexchange.coop/story>.

ORGANICS UNLIMITED

Where does Coos Head Food Co-Op get those delicious Bananas?
Well lets do some investigating....

Organics Unlimited is committed to providing premium quality organic bananas through a culture of sustainability, caring for our communities, and providing excellent customer service.

At Organics Unlimited, we believe that the healthiest and most sustainable tropical fruits are grown organically. With a primary focus on bananas, we are growers first, importing top quality fruit from our farms and from other farms we supervise. We are a young company with roots deep in the soil of Mexico. Four generations of our family have grown bananas, and we use this experience to bring the freshest and healthiest tropical fruit from Mexico and South America to the United States, Canada and Asia.

We are committed to our customers and our growers. Our produce is closely controlled through the entire growing, harvesting and distribution process to ensure the fruit we provide meets our exacting standards and our organic certification requirements at all stages. We work continually with our growers to help them in managing their farms and educating them on the best techniques for maximum quality.

When founders Mayra and Manuel Velazquez de Leon started Organics Unlimited in 2000, it was with a mission to provide the best quality organic tropical fruits to consumers in the US, Canada and Mexico. The mission also included not forgetting the social responsibilities of their backgrounds – to care for the workers who make this quality possible.

From a state of the art warehouse and ripening facility near the US Mexican border in San Diego County, California, tropical fruit is distributed throughout the year to the western US and Canada. The same quality produce is shipped directly from the growing areas to the markets of Japan.



“Welcome to Organics Unlimited. - Organics Unlimited : Organics Unlimited.” *Organics Unlimited*, Organics Unlimited, 2016,
<https://organicsunlimited.com/>.



FOOD FOR THOUGHT BY. DENISE EHRENDREICH

UNDERCOVER AGENTS

MASKS 101(...or more precisely, one block West of Highway 101)

Coos Head Food Co-op is a Cooperative. Webster's Dictionary defines a Cooperative as:

1. Done in cooperation with others.
Such as: Performing a cooperative effort.
2. Marked by a willingness to cooperate.
Such as: Being a cooperative partner.
3. Engaged in a joint economic activity.
Such as: An enterprise that is owned jointly by those who use its facilities or services.

UNDERCOVER KINDNESS

These times are unlike any other we have known. On the front door of Coos Head Food Co-op there is a sign that says, "**Facemasks Required**". There are surely pros and cons all around on this new covenant with humanity.

Many of our Members are the personifications of creative, generous, and thoughtful helpmates in this world right now. This is uncharted territory and we have trailblazers in our midst. We are immensely proud to be affiliated with them. These men and women have individually and in unison, created and stitched handmade facemasks to share with others as needed. We would like you to know a little about these people who are behind the masks.

1. There is John whose Mama taught him to sew as a youngster. He is now a man of maturity with time on his hands and kindness in his heart. John has sewn hundreds of handmade facemasks for the safety of our community. They are true works of art. Each is skillfully made with a tailor's touch, created with different designs and fabrics. Some are made with elastic while some are made with ties and ribbons. Others have nose-hugging wires and pipe cleaners for a custom fit. And still others come with filter pockets. John asks no money for these gifts. He only asks that the recipients pay it forward and be nice to the next person in need of an undercover kindness.
2. There is Diane who specializes in reversible handmade facemasks. Her creations are delightful and practical and given from the goodness of her heart. Friends will tell you that Diane has always looked on both sides of a situation and reversing the universe can be fun and educational.
3. There is Bonnie who loves to work and play with batik material. Bonnie sews with nimble fingers. Her homemade facemasks look like undulating water, air, fire, and earth. She happens to be both an avid swimmer and nature lover, so it makes sense her art reflects her life.
4. There is Jeanne who sews with durability and beauty in mind. She creates with the intention of donating to charities all proceeds her facemasks earn. As such, she has helped increase the food available from our local Food Share to be given out to our public in need.
5. There are the fine ladies of both the Coquille Valley Quilters Guild and the Sand and Sea Quilters Club. These expert seamstresses have put aside for a while the Care Quilts they sew for needy children. They also put on hold their future Coos County Fair Blue Ribbon Winner Quilts. These ladies sew to help protect our community from illness and contagion whereas before they sewed for comfort and beauty. They happily share with many. They cast their bread upon the waters, and we are honored to be a witness.
6. There are also the Soloists. People of all ages, ethnicities and genders sew to help family, friends, neighbors, and strangers. Many are anonymous and choose to remain undercover.

FOOD FOR THOUGHT BY. DENISE EHRENDREICH

UNDERCOVER AGENTS

MASKS 101(...or more precisely, one block West of Highway 101)

It is genuinely nice to know these good spirited souls exist in times like now. These are thoughtful and healing gifts to humanity. We are humbled and thrilled to see what kindness can be uncovered in a time of need.

UNDERCOVER HYGIENICS

The sudden need to wear facemasks has forced us to quickly learn from trial and error how best to breathe in and live with these face coverings. Not one facemask design is perfect for everyone. We all have different shaped heads and different sized ears and noses. You will have to discover which designs work best for you.

There is hygiene, though, that is universal for all handmade facemasks. They must be cleaned in hot, soapy water and always hung to dry after each use. They will last longer if you do.

We all need to breathe under the various fabrics used to make a homemade facemask. Condensation on our skin when we must wear a facemask for an extended amount of time can cause chapped skin, especially under the nose and on the lips. It is comforting and refreshing to apply a good deep moisturizing crème or oil on those areas and let it soak in before donning the facemask. Otherwise it will tend to be absorbed by and maybe stain the facemask. We have found that the application of a good bee balm can help seal the skin from discomfort. Also, lipstick as a fashion statement is no longer practical.

Often the scent of the fabric can be annoying or boring. By dabbing on a drop or two of an essential oil or a combination thereof can be a secret thrill. We have found that a mix of Lavender and Bergamot work wonderfully.

If you are out in public daily, we recommend getting a different facemask for every day of the week. Think of it like having underwear. It is easiest to just launder once a week.

UNDERCOVER UNDERGROUND

Coos Head Food Co-op has been active for 49+ years. We have survived because of cooperative people who choose to be and do their best, always. When these wild and crazy times are over, together we can be proud and say we went through these challenges with dignity and kindness with other like-minded people. We are here to nourish each other. So, we must cooperate. We can do this with a little help from our friends. Remember, it is the Golden Rule.

Coos Head Food Co-Op honors the seventh principle of cooperatives establishing local collaboration, social responsibility, and focus on community concerns.

The seven principles guide us in our business structure and decisions. They also guide how we respond to the needs of our community and the compelling challenges of our time.

In response to the unjust deaths of Breonna Taylor, George Floyd, and countless other African Americans, we join our community in grieving and calling for accountability and justice through peaceful means.

We acknowledge that securing equity and justice for all African Americans is a responsibility of our whole society and we commit ourselves to that effort in our community.



#BLACKLIVESMATTER

THE GROOVY GROCER

TERESA WARD – GROCERY MANAGER



Some of you may have wondered where the purple haired cashier went. Well, it has been a bit over a year since I was promoted to Grocery Buyer, then Grocery Manager. While it is still a work in progress, I hope you are seeing some positive changes!

I am in the back office most of the time now, but I want to stay connected. I miss seeing you and hearing updates on your lives! I also want to hear your thoughts on what you'd like for Grocery updates in this newsletter. You can reach me at either 541-756-7264 option number 6 OR buyer@coosheadfoodcoop.org. Times, they are a crazy right now, so please note response times may be delayed.

Some matters of note:

*Special orders may be delayed during this time.

*Requests to carry new items has been overwhelming with the closure of Bailey's. We do wish to honor your requests, however, this process may take longer than usual. Thank you for your patience while we work through the higher than normal volume of requests.

*I've introduced member pricing! Currently available with our new natural & organic line of products – Cadia. Many more items will be added once we get our point of sale system updated.

*This means every day you can get quality products at a more affordable price. Our way of saying THANK YOU for being a member! Both prices will be shown on the shelf tags. Be sure to give us your member information at the register so you get member pricing. I'm trying very hard to get costs down across the board and especially for our members. Thank you for being loyal to the Co-op and allowing us to continue to serve you!

*There are still many items that have consistently been out of stock during the pandemic, we are doing everything we can to fill these voids.

We have some new faces in the Grocery Department. Zoe, Britney and I are doing everything we can to make sure your needs are being met. Please be patient while we try to bring about positive changes and give you the "shopping at the Co-op" experience you deserve!

What is Grocery? Most dry foods that aren't bulk; refrigerated items other than cheese or supplements; many non-food items excluding pet care, or health and beauty; frozen items other than meat from various local farms.

Until next time, be safe and be well my beautiful Co-Oprians! Thank you for your patience during these transitions to make the Co-op better. Without you, there would be no Coos Head Food Co-op and we appreciate you so very much!



Coos Bay Library & Coos Head Food Co-op present

COMMUNITY COOKING WITH THE CO-OP



FREE!

FUN!

STARRING JAMAR!

**MONTHLY EVENT:
EVERY 4TH THURSDAY!**

Coos Bay Library has teamed up with Coos Head's Outreach Coordinator, Jamar, to provide safe, easy, and healthy recipes to create at home. Join us virtually on Zoom for this fun community event!



**COOS HEAD
FOOD CO-OP**



Event Recipe:

Jackfruit BBQ Sliders

**Thursday
July 23
5:30pm**

*Register for this virtual event
@ <https://is.gd/0PTIGU>*



**COOS BAY
PUBLIC LIBRARY**
(541) 269-1101

<http://coosbaylibrary.org>

Coos Bay Public Library and Coos Head Food Co-Op would like to invite the community to join us for our virtual cooking segments “Community Cooking with the Co-Op!”. This program introduces community members to cooking with ingredients they are not familiar with and stepping outside of their cooking comfort zones. We are excited to virtually engage our community during these times we are not able to gather in person so we can all cook, laugh, learn and eat together again.

**HUGEST
TREE-BORNE FRUIT**

Jackfruit can grow to
be a whopping
100 lbs!

Thursday, July 23 at 5:30pm on Zoom (virtual meeting software).

Join us virtually for this fun community event! This month's recipe, Jamar will be featuring simple **Jackfruit BBQ Sliders**.

Register for this virtual event @ <https://is.gd/0PTIGU>

Community Connection

A message from Coos County Habitat for Humanity.....

Dear Community Partners,
Please help us spread the word! Coos County Habitat for Humanity has removed the window of for accepting Qualifying Applications for the 2020 Critical Home Repair Program. This means that your members/congregation can apply at their leisure until further notice. Please emphasize that this is due to available funding and to take advantage of this unique opportunity. Anyone interested in applying is encouraged to learn more about Coos County Habitat's Critical Home Repair Program by coming into the ReStore, calling us on Facebook and requesting a Qualifying Application.

Phone: (541) 756-9080

Email: infoocch@cooscountyhabitat.org

Facebook: @CoosCountyHabitat

Address: 776 S. 2nd Street, Coos Bay
(Tuesday - Saturday, 9am - 5pm)

Coos Head Food Co-Op is proud to announce members-owners and shoppers raised a total \$672.09 dollars for Southcoast Food Share during the Round Up month of June. Coos Head Food Co-Op will be matching the funds raised with a total of \$1344.18 raised.

Did you know...

That because of the partnerships SCFS has they can stretch every \$1.00 donated for around 7 pounds of food!!!

AND

Feeding America has estimated that the average pounds per meal per person is 1.2 pounds! That means a \$1.00 donation helps us to provides more then 5 meals to someone that is hungry!



7TH PRICIPLE: CONCERN FOR COMMUNITY

Co-ops are community-minded. They contribute to the sustainable development of their communities by sourcing and investing locally.





United Way of Southwestern Oregon's Summer Of Caring

HELPING THOSE IN NEED THIS SUMMER

June - August 2020

United Way is seeking Coos and Curry volunteers to help with routine yardwork for local residents in need of assistance this summer.

- Volunteers matched to households in need
- Masks, sanitizer and work gloves provided
- Volunteers provide transportation and tools
- Teams of 8 or less will be considered for projects where social distancing is possible



Weekly
drawings for
local \$50 gift
cards!!

For more information or to sign up:
call: 541-267-5202

email: info@unitedwayswo.org

<https://unitedwayswo.org/day-of-caring/>





COOS HEAD FOOD CO-OP

Fresh Produce, Locally Sourced, & Community Owned Co-Op!



- JULY MONTHLY SALE ITEMS -



**EARTH'S BEST ORGANIC
DAIRY & SENSITIVE
INFANT FORMULA**

\$45.99

REG. \$48.99

**EARTH'S BEST ORGANIC
CEREAL IN WHOLE
GRAIN RICE &
MULTIGRAIN
\$4.99
REG. \$5.29**



**CHECK OUT OUR NEW BABY &
MOMMY SECTION!**



ECO FRIENDLY!

BAMBO NATURE DIAPERS

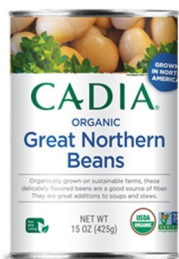
\$12.99-\$14.99

REG. \$13.99-\$16.69

BAMBO NATURE WIPES

\$2.99

REG. \$3.69



**CADIA ORGANIC
GREAT NORTHERN
BEANS & GARBANZO
BEANS**

\$1.99

REG. \$2.39

**CADIA ORGANIC
DICED TOMATOES
15 OZ**

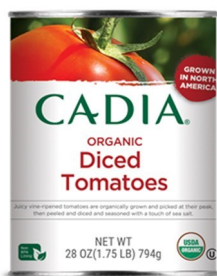
\$1.99

REG. \$2.49

**CADIA ORGANIC
DICED TOMATOES
28 OZ**

\$2.99

REG. \$3.79



**CADIA ORGANIC
UNSALTED & LIGHTLY
SALTED MICROWAVE
POPCORN**

\$1.99

REG. \$2.39



**CADIA ORGANIC
CINNAMON APPLE
SAUCE**

\$2.99

REG. \$3.69

**CADIA ORGANIC
COCONUT OIL
\$8.99
REG. \$10.99**



**CADIA ORGANIC
OLIVE OIL
\$11.99
REG. \$13.99**



**CADIA ORGANIC
BALSAMIC
VINEGAR 250 ML
\$3.69
REG. \$4.39**



**CADIA ORGANIC
BALSAMIC
VINEGAR 500 ML
\$5.39
REG. \$6.69**

**CADIA ORGANIC
VODKA CREAM
MARINARA
PASTA SAUCE
\$3.39
REG. \$4.39**



**CADIA ORGANIC
VEGETABLE
MARINARA
PASTA SAUCE
\$3.39
REG. \$4.39**



**CADIA ORGANIC
SWEET RELISH
\$4.69
REG. \$5.99**

OPEN M-F 9AM-7PM SAT 9AM-6PM SUN 10AM-6PM

COOSHEADFOODCOOP1971 COOSHEAD FOOD CO-OP VISIT US ONLINE AT: COOSHEADFOOD.COOP

353 S. 2ND STREET, COOS BAY, OREGON 97420



STORE PHONE: (541) 756-7264



COOS HEAD FOOD CO-OP

Fresh Produce, Locally Sourced, & Community Owned Co-Op!



- JULY MONTHLY SALE ITEMS -



UNDERWOOD STRAWBERRY COOLER CAN

\$ 3.49

REG. \$ 3.99



LAGUNITAS IPA & MAXIMUS 12 OZ BOTTLES

\$ 1.69

REG. \$ 1.99



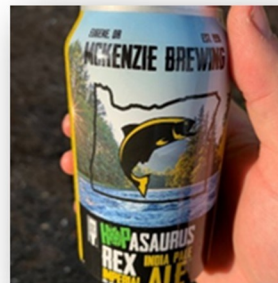
BELOW YOU WILL FIND OUR MONTHLY SPOTLIGHT OF BREWRIES AND WINERIES!



GIRARDET



CLOSEOUT



MCKENZIE BREWING HOPASAURUS REX & LYTE 12 OZ. CAN

\$ 1.29

REG. \$ 1.69

TARANTAS SPARKLING ROSE & WHITE WINE 750 ML

\$ 7.49

REG. \$ 8.99



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- JULY MONTHLY SALE ITEMS -



BADGER SUNSCREEN



SALE
15%
OFF



BUZZ AWAY 8OZ.

\$15.99

\$16.99



BUZZ AWAY

4 OZ

\$6.99

\$8.99



**BUZZ AWAY 25CT
TOWELETTES**

\$8.99

\$9.99



BADGER ANTI-BUG SHAKE & SPRAY



BADGER OFF 2.7 OZ

\$6.99

REG. \$8.99

BADGER OFF 4 OZ

\$9.49

REG. \$10.99

**MARIE'S ORIGINAL ITCH
RELIEF & POISON IVY/
OAK/SUMAC 2.9OZ**

\$8.49

REG. \$11.99



MARIE'S ORIGINAL SOAP

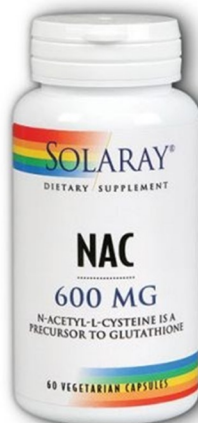
\$8.49

REG. \$10.99

**SOLARAY NAC
600MG 60VCAPS**

\$10.69

REG. \$19.49



**\$7 COUPONS AVAILABLE
WHEN PURCHASING 2 OR
MORE SOLARAY PRODUCTS!**



CALM SLEEP GUMMIES 120 CT

\$19.99

REG. \$26.99

CALM SLEEP POWDER 8OZ

\$17.99

REG. \$19.99

CALM SLEEP GUMMIES 120 CT

\$19.99

REG. \$24.99

CALM SLEEP POWDER 6OZ

\$19.99

REG. \$26.99



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- JULY MONTHLY SALE ITEMS -



GRAB & GO DELI

You can place a Grab & Go Deli order over the phone and utilize our Curbside Pick Up service that is now available!

PLEASE CALL
541-756-7264 OPT. 8

PRODUCE DEPARTMENT

We now feature Myrtle Glen Farm produce, herbal tea & wild flowers.



Curbside Pick Up

If you feel you are in a high-risk group including seniors and those with compromised immune systems and need grocery pickup service, we're glad to help do your shopping.

Email your shopping list to office@coosheadfoodcoop.org.

Orders placed Monday–Friday excluding Wednesdays before 11am will be available for same day pickup between 2–4pm.

Orders placed after 11am will roll over to the next pickup time.



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- JULY MONTHLY SALE ITEMS -

BULK DEPARTMENT SALE

SAVE \$1.30

**OG PEANUT
BUTTER
CRUNCHY**

\$ 4.49 LB

REG. \$ 5.79 LB

SAVE \$2.50

**OG HAZEL
MUNCH NUT
MIX**

\$ 17.49 LB

REG. \$ 19.99 LB

SAVE \$2.00

**OG SPROUTED
AWAKENED
RAW ALMONDS
& PUMPKIN
SEEDS**

\$ 2 OFF PER LB

SAVE \$5.00

**OG DRIED
APRICOTS**

\$ 4.99 LB

REG. \$ 9.99 LB

SAVE \$.70

**OG QUICK
OATS**

\$.89 LB

REG. \$ 1.59 LB

SAVE \$2.50

**SWEETENED
CRANBERRIES**

\$ 6.69 LB

REG. \$ 9.19 LB

SAVE \$1.00

**OG RAW
BUCKWHEAT
GROATS**

\$ 2.99 LB

REG. \$ 3.99 LB

SAVE \$2.00

**OG MUNG
BEANS**

\$ 1.99 LB

REG. \$ 3.99 LB

**DRIED
ELDERBERRIES**

\$ 1.39 OZ

REG. \$ 1.70 OZ

SAVE \$4.00

**OG CHIA
SEED**

\$ 3.99 LB

REG. \$ 7.99 LB

**SOLID GOLD
3 OZ SARDINE
& MACKEREL**

.89¢

REG. \$ 1.29

**ONLINE
COUPON**

**\$ 4 OFF ANY
SOLID GOLD
DOG & CAT
FOOD 4#
AND UP!**

OPEN M-F 9AM-7PM SAT 9AM-6PM SUN 10AM-6PM

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SUN	MON	TUE	WED	THU	FRI	SAT
28 Curbside Pick Up Mon-Fridays except on Wednesdays, all orders can be placed between 9 and 11 am. Pickup times are between 2 and 4 pm. Please send orders to:	29 COOS HEAD FOOD CO-OP NOW OFFERS CURB SIDE PICK UP!	30 Senior Shop Day EVERY TUESDAY AND THURSDAY IS SENIOR SHOP DAYS AT COOS HEAD FOOD CO-OP FROM 8AM - 9AM!	1 FARMERS MARKET WEEKLY 9AM - 2 PM CENTRAL AVENUE COOS BAY	2 Senior Shop Day EVERY TUESDAY AND THURSDAY IS SENIOR SHOP DAY AT COOS HEAD FOOD CO-OP FROM 8AM - 9AM!	3 FARMSTEAD BREAD FRESHLY-BAKED BREAD ARRIVES AT 5PM EVERY TUESDAY & FRIDAY!	4 CELEBRATE 4TH OF JULY WITH BEYOND BEEF PRODUCTS!! 
SOLAR OREGON  ENCOURAGING OREGONIANS TO CHOOSE SOLAR ENERGY Coos Bay is invited to join Solar Oregon Community Webinar Monday, July 6th, 2020 at 6:00 pm for more information please visit: Eventbrite.com/o/solar-oregon-6298802119		7 Cottage Grove Farmhouse Bakery Delivers Fresh Bread Every Tuesday!	 Weekly Community Supported Agriculture (CSA) pick up every Wednesday!	9 WHERE LOCAL MATTERS 	10 STOP BY THE GRAB & GO DELI AT YOUR LOCAL COOS HEAD FOOD CO-OP FOR SOUPS, SANDWICHES & DELI SIDE ITEMS!	<p>Here at your local Coos Head Food Co-Op we are collaborating with Bay Area Hospital in becoming a collection location for mask and shield garments.</p> <p>All donations can be turned into the cashier.</p> 
12 CADIA NEW CADIA ORGANIC PRODUCTS & SALES CAN BE FOUND THROUGH OUT THE CO-OP!		14 Senior Shop Day EVERY TUESDAY AND THURSDAY IS SENIOR SHOP DAY AT COOS HEAD FOOD CO-OP FROM 8AM - 9AM!	22 Wellness Wednesday VISIT OUR WELLNESS CENTER FOR ALL YOUR SUPPLEMENT & IMMUNITY NEEDS!	16 BOARD OF DIRECTORS MONTHLY MEETING EVERY 3RD THURSDAY OF EACH MONTH! EMAIL OUR GM AT: OFFICE@COOSHEADFOODCOOP.ORG 	17 Empire Bakery Delivers Fresh Bread Every Wednesday & Friday!	
19  Eco FRIENDLY BAMBOO DIAPERS & WIPES NOW AVAILABLE! CHECK OUR NEW MOMMY & BABY SECTION!	 ALL BADGER PRODUCTS CAN NOW BE FOUND IN OUR HABA SECTION!	21 FARMSTEAD BREAD FRESHLY-BAKED BREAD ARRIVES AT 5PM EVERY TUESDAY & FRIDAY!		23 Community Cooking with the Co-Op & Coos Bay Public Library visit us online for more information!	24 	25 KICK START YOUR WEEKEND HERE AT YOUR LOCAL COOS HEAD FOOD CO-OP
COOS HEAD FOOD CO-OP "WHERE LOCAL MATTERS" 353 S. 2ND COOS BAY, OREGON 97420 - PHONE (541) 756-7264			29 Empire Bakery Delivers Fresh Bread Every Wednesday & Friday!		31 FARMSTEAD BREAD FRESHLY-BAKED BREAD ARRIVES AT 5PM EVERY TUESDAY & FRIDAY!	STORE HOURS M-F: 9AM-7PM SAT: 9AM-6PM SUN: 10AM-6PM

 **COOSHEADFOODCOOP1971**

 **COOS HEAD FOOD CO-OP**

VISIT US ONLINE AT: COOSHEADFOOD.COOP