



HEALTH MATTERS

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Anyone with acid reflux knows the pain, discomfort and aggravation it can cause. When the lower esophageal sphincter (LES) allows stomach acid to flow upward into the esophagus, it irritates fragile membranes. Eating too much too quickly, not chewing thoroughly and/or drinking liquids with meals exacerbates symptoms of acid reflux.

Acid-blocking drugs, such as Nexium, inhibit stomach acid production, impeding digestion and absorption of nutrients, as well as deterring infection-fighting defenses. Studies in the *Archives of Internal Medicine* confirm that a long-term reduction of stomach acid increases risk of bone fractures and intestinal infections.

DGL is a special licorice root extract proven to provide relief for acid reflux. Increasing production of protective mucosal cells in the stomach and esophagus, DGL doesn't interfere with the production of stomach acid. Most effective in a chewable form, it's available in chocolate or caramel flavor.

As always, we guarantee your satisfaction.

Locally Owned for 34 Years

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