

## **Lyme Disease Resources**

**Forward and recommendation by Owner of Second Nature and Clinical Herbalist Elaine Kilgannon.**

*The ignorance that surrounds Lyme disease can and more often does make it devastating to all involved. For anyone who has or knows someone has Lyme disease, [The Top 10 Lyme Disease Treatments](#) by Bryan Rosner, puts forth solid, data-driven research and advice to provide you with the necessary tools to fight this battle. It is an honest account of the effort, time, patience, and acceptance that it takes to conquer this amazingly defensive and disturbingly persistent disease.*

*Another equally valued book to include in your arsenal would be [Healing Lyme](#) by Stephen Harrod Buhner. This book provides a stronger emphasis on a vast array of herbal medicines incorporated with many years of sound research.*

*Both publications stress the importance of knowing when and how to include both conventional and traditional medicine in an effort to incorporate every modality to fight this constantly transforming organism.*

**Utilize the following links for further research and reference or stop in and speak with Elaine about Lyme Disease.**

[International Lyme and Associated Diseases Society](#)

[Lyme.org](#)

[Canadian Lyme Disease Foundation](#)

[French Lyme Disease Organization](#)

[UK Lyme Disease Organization](#)

[Lyme Disease Audio](#)

[Lymeinfo.net](#)

[Publichealthalert.org](#)

[Medaliner](#)

[Better Health Guy](#)

[Nenah Sylver Ph. D.](#)

[Julie Anderson ARNP](#)

[I Genex Lab](#)

[James Schaller M.D.](#)

[Dietrich Klinghardt M.D. Ph.D. and Lyme Disease expert](#)

[Doctorsdata.com](#)- company that provides interpretation of toxic element hair tests

[Greatlainslaborator.com](#)

[Remedyfind.com](#)