Mother Nature's Food

November 2015



We will be CLOSED Thursday, November 26.
Friday we are open our regular hours, 9am-7pm.
Have a safe and happy holiday!

One Day Sale!!!

Stop in

Tuesday, November 10

for awesome one day sale prices, sampling, everyone draws for a prize and register for a free Mary's TURKEY!



25% Off All Vega 20% Off
All Enzymedica

25% Off All Herbs for Kids

(One day only!)



Enzymes

(One day only!)



(One day only!)



Sales

Wholly Wholesome 2-Org 9" Pie Shells



\$4.29Reg. \$6.69

Sales

Arrowhead Mills
Organic Stuffing



\$3.29Reg. \$4.69

Mary's Free Range Turkeys



\$2.89/#Reg. \$3.69/#

Farmer's Market
Org Pumpkin Pie
Mix



\$2.69Reg. \$3.85

*All Prices are subject to change and based on availability

Employee Pick of the month

New

Little Twig
Wool Dryer Balls



\$23.39Great alternative for

NOW
Liquid Coconut Oil



\$16.99

NOW
Naure's Shield



\$19.99Blend with clove, lemon

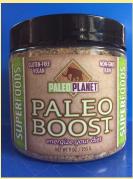


Having been the owner of Mother Nature's Food, Inc. since 2000, it is always hard for me to pick just one product to talk about. Pharma **GABA from Natural** Factors is such a great product that is it one that I recommend often. I have had great results with it myself and many friends and family have also been happy with it.

PharmaGABA is a naturally produced form of the important brain compound gammaaminobutyric acid. Clinical studies have shown PharmaGABA helps to increase the production of alpha brain waves to create a profound sense of physical relaxation while maintaining mental focus. When I talk to people I let them know that it is a great "evener" for me. I don't get tired at all but when I just need to help my emotions to even out this is the product I turn to. It comes in a chewable form which is also nice for those who don't want to swallow another pill!

fabric softener and dryer sheets!

> Paleo Planet Pioneer Paleo Boost



\$15.69 Reg. 20.89 Contains chia and hemp seeds, maca and cacao nibs

Solaray Once Daily Multi Adult 50+



\$18.79 Reg. \$24.99 Essential Baking

Gluten Free Bread



\$5.99 Reg. \$7.99 Celiac Support



\$16.79 Reg. \$22.39 Contains milk thistle, organic beet, burdock, dandelion and more!

Life-flo Pure Manula Oil

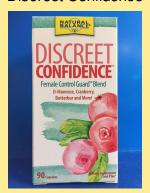


\$11.89 Reg. \$15.79

Natural Balance Discreet Confidence

oil, cinnamon bark,

eucalyptus, and rosemary oil



\$29.29 Reg. \$38.99 Contains d-mannose, cranberry, butterbur and more!

Nature's Life Mediterranean Super Antioxidant



\$22.49 Reg. \$29.99 KAL Melatonin Elderberry



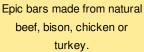
\$5.99 Reg. \$7.99

Debbie

Shelf stable classic white bread

Epic Bars and Bites





25% OFF

Reg. \$3.49





Epic Bites made from natural chicken or beef.

\$5.49-\$8.09

25% OFF

Monday-Friday: 9am-7pm

Saturday: 9am-5pm

Sunday: CLOSED



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www.mothernaturesfood.net

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