

## Organic Breakfast Burritos \$7.99

*Spinach, Sundried Tomato or GF wraps  
(add \$1.00 for GF)*

### **TOMATO & GOAT CHEESE**

Organic Eggs, Organic Tomatoes, Organic Spinach  
& Organic Potato with Vermont Goat Cheese

### **SOUTH WESTERN**

Organic Eggs, Organic Corn, Organic Onions, Pepper  
Jack Cheese, Organic Potato, Organic Black Beans &  
Organic Cilantro

### **VEGAN SAUSAGE**

Organic Potato, Organic Black Beans, Organic Onions,  
Organic Corn, Organic Cilantro,  
Organic Spinach, Organic Broccoli & Vegan Cheese

### **BACON & EGG**

Organic Eggs, Crisp NH Bacon, Organic Potatoes,  
Organic Spinach with Cheddar Cheese

\*Add Ham, Add Bacon, Add Turkey Sausage,  
Extra Cheese or Extra Organic Egg for an extra cost.

## **Organic Muffins**

Homemade spelt Blueberry & Morning Glory (carrots,  
currents, & apples).

## **Breakfast Served**

Monday-Saturday 9am-6pm  
Sunday 10am-6pm

## We make Organic Espresso Drinks!!

Espresso, Lattes, Cappuccinos & Chai Lattes hot or iced  
are just a few of our beverage menu items.

We also offer a variety of Hot Teas.

Tea varieties listed in store,  
please call or visit for menu items.

## Organic Fruit Smoothies \$6.99

*Made with dairy or non-dairy milk*

### **All Ingredients Used Certified Organic!**

#### **Razz-Tastic**

Raspberries, Orange Sherbet & Milk

#### **Mixed Berry**

Raspberries, Blueberries, Strawberries & Milk

#### **Strawberry Banana**

Strawberries, Banana & Milk

#### **Tropical Vacation**

Mango, Pineapple, Orange Sherbet

#### **Antioxidant Blend**

Blueberries, Banana & Milk

#### **Mango Blend**

Mango, Banana & Milk

## Organic Fresh Juice Bar

### **All Ingredients Used Certified Organic!**

#### **Nature's Cocktail**

Celery, Cucumber & Lemon

#### **Gin & Tonic**

Apple, Cucumber, Orange & Ginger

#### **The Big Three**

Carrots, Apple & Kale

#### **Sweets & Beets**

Sweet Potato, Beets, Carrots & Apple

#### **Immune Booster**

Carrots, Beet, Apple, Lemon, Garlic & Ginger  
with Echinacea

#### **Swamp Thing**

Apple, Cucumber & Kale blended with  
Banana & New Chapter Berry Greens

#### **Build Your Own Juice**

Choose a base of either Carrot or Apple, then select  
any seasonal fruits or vegetables we have available.



## Café Menu

*Delighting Your Taste  
Buds, Organically!*

## **Handcrafted Sandwiches Soups & Salads**

374 Union Street  
In the Union Mill  
Peterborough, NH 03458

603-924-2233, ext. 1

[www.NaturesGreenGrocer.com](http://www.NaturesGreenGrocer.com)  
[info@NaturesGreenGrocer.com](mailto:info@NaturesGreenGrocer.com)

### ***Serving:***

**9am to 6pm Mon-Sat  
10am to 6pm Sunday**

**Store open 'til 7pm daily!**

## Org. Handcrafted Sandwiches...\$8.99

*Served on your choice of Local Sourdough Breads*

All ingredients organic and/or local

### **CHIPOTLE CHICKEN**

Chipotle Aioli, Oven Roasted Chicken,  
Pepper Jack Cheese, Roasted Red Onions,  
Tomato & Lettuce

### **HERB ROASTED TURKEY**

Pesto Aioli, Herb Roasted Turkey,  
Provolone Cheese, Tomato & Lettuce

### **REAL ROAST BEEF**

Caper Aioli, Roast Beef, Cheddar Cheese,  
Roasted Red Peppers,  
Roasted Red Onions & Lettuce

### **BLACK FOREST HAM & ROASTED APPLE**

Dijon Aioli, Black Forest Ham,  
Swiss Cheese, Roasted Apples,  
Roasted Red Onions & Lettuce

### **HOT PRESSED TURKEY REUBEN**

Thousand Island Dressing,  
Oven-Roasted Turkey,  
Swiss Cheese & Fermented Sauerkraut

### **GRILLED CUBANO**

European Smoked Ham, Swiss Cheese, Fermented  
Pickles, Dijon Mustard on a Brioche Roll

### **HUMMUS & VEGGIE WRAP**

Tahini Hummus, Red Cabbage, Carrots,  
Tomatoes, Cucumbers, Roasted Red Onions,  
Pea Sprouts & Lettuce

### **LOCAL BLACK BEAN BURGER**

Regular or Vegan Mayonnaise, Spinach,  
Regular or Vegan Cheddar Cheese,  
Black Bean Burger & Fresh Avocado

### **CHICKEN SALAD SANDWICH**

Our daily Chicken Salad as a sandwich with  
Lettuce, Tomato & your choice of Cheese.

## Seasonal Sandwich Special!

### **TUSCAN KALE PESTO**

Oven Roasted Chicken, Raw Kale Pesto (Vegan,  
contains cashews), Roasted Red Onions,  
Tomato & Mozzarella Cheese

### **Plainville Farm Meats & Andrew Everett Cheeses**

Free of Nitrates, Antibiotics  
and Hormones, & Gluten

### **Substitute in any Sandwich for no charge:**

- Org Grilled Tofu
- Vegan Cheese
- Vegan Mayonnaise

### **Add for extra charge:**

- Organic Avocado
- Organic Pea Sprouts
- Extra Org Grilled Tofu
- Extra Meat
- Extra Cheese

*Put it on a GF Wrap for an additional \$1.00*

## Organic Quiche Du Jour...\$5.99/slice

Homemade Spelt Crust Quiche freshly  
made with Organic Ingredients

## Organic Handcrafted Soups Du Jour

*Offered as Daily Special, call for details*

Small \$4.99    Medium \$6.49  
Large \$7.99    Quart \$13.99

### **Pick Two...\$8.99**

**Pick your favorite combination!**

**Choose two of the following:**

- Small soup    • ½ Salad
- Quiche slice    • ½ Sandwich

## Organic Fresh Salads...\$8.99

*All salads are served on mixed green leaf*

**\*Ingredients Used Certified Organic!\***

### **FARMHOUSE APPLE**

Roasted Apple Slices\*, Candied Walnuts\*, Celery\*  
& Blue Cheese w/ Balsamic Vinaigrette

### **SOUTH AMERICAN ENSALADA**

Roasted Red Onions\*, Shredded Carrots\*, Tomato\*,  
Blue Corn Chips\*, Black Bean\*, Corn\* & Cilantro\* Salsa  
& Fresh Avocado\* with Sesame Lime Dressing

### **NATURE'S GREEN GARDEN**

Tomato\*, Shredded Carrots\*, Cucumber\* & Red  
Cabbage\* with Lemon Goddess Dressing

### **ALL "KALE" CAESAR**

Kale\*, Shredded Parmesan, Roasted Cashews\*, w/  
Vegan Caesar Dressing\*

– Add Chicken or Tofu\* extra charge

Put it in a wrap too!

### **TOASTED GOAT**

Shredded Carrots\*, Turkish Apricots\*,  
Toasted Spiced Almonds\* & Crumbled Goat Cheese  
with Raspberry Vinaigrette

### **GREEK SALAD**

Kalamata Olives, Tomato\*, Cucumbers\*, Roasted  
Red Onions\*, Feta Cheese with Red Wine &  
Olive Oil Vinaigrette

### **Add for extra charge:**

- Organic Avocado
- Organic Pea Sprouts
- Org Grilled Tofu
- Roasted Chicken
- Chicken Salad Du Jour