NATURE'S green grocer
MARKET & CAFÉ

374 Union Street
Peterborough, NH
(603) 924-2233
www.naturesgreengrocer.com
Monday - Saturday 9am - 7pm • Sunday 10am - 7pm

Visit our Café for: Organic Breakfast, Organic Fruit Smoothies and Fresh Juices, Handcrafted Sandwiches, Soups & Salads and more!

Offers Valid 3/1 - 3/31

Almond Breeze
Almond Milk
Original Unsweetened
64 FL OZ
$3.50



Siggi's Skyr
Non-Fat Icelandic Style Yogurt
Selected Varieties
5.3 OZ
4/$5



Field Day
Organic Broth
Selected Varieties
32 FL OZ
$1.99





Good Health
Kettle Potato Chips
Selected Varieties
5 OZ
2/$5



Mountain Valley
Spring Water
Sparkling or Still
1 LTR
$1.89



Cappello's
Grain Free Pasta
Fettuccine or Gnocchi
9 OZ
$7.99

Earth Balance
Buttery Sticks
Soy Free
16 OZ
$3.79



Nuttin Ordinary,Llc
Dairy Free Ravioli
Italian Herb Cashew Cheese
13 OZ
LOCAL
$5.99



Canyon Bakehouse
Heritage Style Bread
Honey White
24 OZ
$5.89



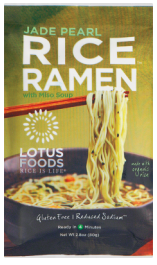
Ian's Natural Foods
Fish Sticks
Gluten Free Family Pack
14 OZ
$6.99



Lakewood
Organic Pure Lemon Juice
12.5 FL OZ
$2.99



Lotus Foods
Rice Ramen
Selected Varieties
2.8 OZ
2/$3



Desert Essence
Eco-Harvest Tea-Tree Oil
1 FL OZ
$9.99



Auromere
Herbal Toothpaste
Selected Varieties
4.16 OZ
$4.99



Crystal Deodorants
Mineral Roll-On Deodorant
Selected Varieties
2.25 FL OZ
$2.99





Eden Foods
Organic Beans
Selected Varieties
15 OZ
$2.29



Rishi
Organic Tea
Selected Varieties
15 BAG
$6.49



Uncle Matt's Organic
Organic Orange Juice
With or Without Pulp
52 FL OZ
$5.49

Lundberg Family Farms
Organic Brown Rice Cakes
Selected Varieties
8.5 OZ
$2.99



Napa Valley Naturals
Organic Extra Virgin Olive Oil
25.4 FL OZ
$8.99



Peter Rabbit Organics
Organic Pure Fruit Pouch
Selected Varieties
4 OZ
2/$3





Traditional Medicinals
Organic Peppermint Tea
16 BG
$3.49



Wild Planet
Wild Skipjack Tuna
Selected Varieties
5 OZ
2/$5



Glee Gum
Natural Gum
Selected Varieties
75 CT
$2.79

Made In Nature
Organic Dried Mangoes
3 OZ
$3.99



Runa
Organic Clean Energy Drink
Selected Varieties
12 FL OZ
$1.79



Wholesome
Allulose Granular Sweetener
12 OZ
$5.99





Once Again
Organic Tahini
Unsweetened & Salt Free
16 OZ
$6.79



Chocolove Xoxox
Almond Butter Cups
Dark Chocolate
1.2 OZ
2/$3



From The Ground Up
Cauliflower Stalks
Cheddar Flavor
4 OZ
$2.99



Ocho Candy
Organic Candy Bar
Selected Varieties
1.5 OZ

2/$3



Pacific Natural Foods
Organic Soup
Chicken Noodle
17.6 OZ

$2.99



R.W. Knudsen
Organic Juice
Just Concord
32 FL OZ

$4.99

Late July Snacks
Organic Tortilla Chips
Selected Varieties
11 OZ



2/$6

Late July Snacks
Organic Thick and Chunky Salsa
Selected Varieties
15.5 OZ



2/$6

Field Day
100% Organic Brown Rice Pasta
Penne
12 OZ

$2.49





Organic Valley
Organic Ghee
Clarified Butter
7.5 OZ

$8.49



Napa Valley Naturals
Organic Balsamic Vinegar
12.7 FL OZ

$4.99



Enjoy Life
Chocolate Morsels
Dark
9 OZ

$4.49

Sweet Leaf
Organic Stevia
Granular Baking
14 OZ

$6.79



Unreal
Peanut Butter Cup Bag
Dark Chocolate
4.2 OZ

$4.49



Bear
Real Fruit YOYO
Selected Varieties
3.5 OZ

$3.69





Beanfields
Black Bean And Rice Chips
Selected Varieties
5.5 OZ

$2.49



Nutiva
Organic Coconut Manna
Coconut Butter
15 OZ

$7.99



Probar
Meal Replacement Bar
Selected Varieties
3 OZ

$2.29



Sweet Earth
Awesome Burgers
8 OZ
$4.49



Annie's Naturals
Organic Dressing
Selected Varieties
8 FL OZ
2/$6



Food Merchants
Organic Polenta
Traditional
18 OZ
$2.99

Van's Natural Foods
Gluten Free Waffles
Selected Varie
9 OZ



$2.49

Chosen Foods
Vegan Mayo
Avocado Oil
12 OZ



$6.99

Felicia Organic
Organic Buckwheat Spaghetti
8 OZ



$3.29



Gimme Seaweed Snacks
Organic Roasted Seaweed Snacks
Selected Varieties
6/.17 OZ
$4.49



Q Drinks
Spectacular Ginger Ale
4/7.5 FL OZ
$3.49



Birch Benders
Frozen Toaster Waffles
Selected Varieties
6.56 OZ
$3.49

San Pellegrino
Sparkling Water
Selected Varieties
6 pack



$5.49

Gimme Seaweed Snacks
Organic Seaweed Snack
Selected Varieties
.35 OZ



2/$3

Organic India
Organic Whole Husk Psyllium
12 OZ
$9.99





Tiger Balm
Pain Relieving Ointment
Extra Strength
18 GRM
$5.49



Essential Oxygen
Organic Peppermint Brushing Rinse
16 FL OZ
$8.99



Nutiva
Organic Chia Seeds
Black or White
12 OZ
$6.99

Field Day
Organic Crackers
Selected Varieties
8 OZ

$2.49



American Flatbread
Frustas
Selected Varieties
8 OZ

2/$6



Highground
Organic Instant Coffee
3.53 OZ

$8.99





Justin's Nut Butter
Almond Butter
Selected Varieties
16 OZ

$9.99



Feel Good Foods
Egg Rolls
Vegetable
9 OZ

$3.49



Bonafide Provisions
Organic Bone Broth
Selected Varieties
24 FL OZ

$6.99

Alden's Organic
Organic Ice Cream
Selected Varieties
48 FL OZ

$6.29



Wallaby Organic
Organic Aussie Smooth Whole Milk Yogurt
Selected Varieties
5.3 OZ

99¢



Perfect Kids
Organic Chocolate Chip Bar, 5pk
5.3 OZ

$3.99





Organic Valley
Organic Stringles
Part Skim
6 OZ

$3.99



Hope
Organic Guacamole
Mild Green Chile
8 OZ

$3.79



Field Day
Organic Instant Oatmeal
Selected Varieties
11.30 OZ

$2.99

Larabar
Fruit & Nut Bar
Selected Varieties
1.6 OZ

5/$5



Amy's
Organic Frozen Entree
9.5 OZ

$3.99



Lakewood
Organic Pure Pineapple Juice
32 FL OZ

$4.99



Muir Glen
Organic Tomatoes
Selected Varieties
14.5 OZ
3/$3



Field Day
Light Skipjack Tuna
Selected Varieties
5 OZ
$1.69



Kevita
Organic Sparkling Probiotic Drink
Selected Varieties
15.2 FL OZ
2/$5





Liberte Yogurt
Organic Whole Milk Yogurt
Selected Varieties
5.5 OZ
4/$5



Stonyfield Farm
Organic Whole Milk Yogurt
Plain
32 OZ
$3.79



Nancy's
Oatmilk Yogurt
Vanilla
6 OZ
$1.29

Maple Hill Creamery
Organic Cream on Top Yogurt
Plain
32 OZ
$4.79



Taste Nirvana
Real Coconut Water
23.6 FL OZ
$3.79



Sunbutter
Organic Sunbutter
16 OZ
$6.99





Sky Valley
Sriracha Sauce
14.5 FL OZ
$3.79



Ian's Natural Foods
Panko Bread Crumbs
Original
7 OZ
$2.99



Frontier Natural Coop
Organic Extract
Vanilla
4 FL OZ
$14.99

Better Life
Natural Cleaner
Selected Varieties
16 FL OZ
$4.49



Ecover
Zero Laundry Detergent
Fragrance Free
93 FL OZ
$12.99



Biokleen
Dryer Sheets
Citrus or Fragrance Free
80 CT
$5.49



Dr. Hauschka

All Dr. Hauschka products 20% off!

Dr. Hauschka
Foundation
1 oz
$27.99



Dr. Hauschka
Revitalizing Day Cream
1 oz
$35.99





Dr. Hauschka
Eye Definer
0.04 oz
$15.99



Dr. Hauschka
Lipstick
0.14 oz
$19.99

Sovereign Silver
Bio-Active Silver Hydrosol
8 oz
$26.99





Plus CBD oil
Extra Strength Balm
1.3 oz
$31.99

Alaffia
Shampoos & Conditioners
Selected Varieties
32 OZ
$9.99 ea

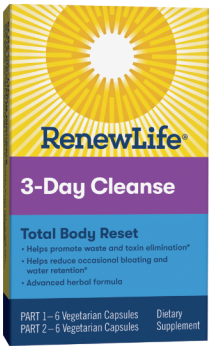


Jarrow Formulas
Saccharomyces Boulardii
Plus MOS
90 caps
$18.99



Life Flo
Magnesium Oil
Pure
8 FL OZ
$6.99





ReNew Life
3-Day Cleanse
2-part kit
$5.99



MegaFood
Men's One Daily
30 tablets
$19.49



American Health
Original Papaya Enzyme
Chewable
250 TAB
$6.99

All Terrain
Bandage
Waterproof
Strong 1"
20 CT
$3.69



Giovanni Hair Care Products
Shampoos & Conditioners
Selected Varieties
8.5 FL OZ
$6.99 ea



Andalou Naturals
Clarifying Vanishing Gel
Blemish
.60 OZ
$8.99



Urban Moonshine
Organic Clear Chest Syrup
4.2 FL OZ



$11.99

Restore
Restore
2 Month Supply
32 oz



$54.99

Ingredients May Help To:
- *Balance Gut Health
- *Support Respiratory Wellness
- *Combat Environmental Exposures
- *Promote Immune Function
- *Enhance Mental Clarity



Nutiva
100% Organic MCT Oil
From Coconut, Unflavored
16 FL OZ

$14.99



Hylands Homeopathic
Sleep Aid
Calms Forte
100 TAB

$7.29



Yerba Prima
Great Plains Bentonite Detox
16 OZ

$9.99

Topricin
Pain Relief and Healing Cream
Homeopathic
2 OZ

$9.99



Gaia Organics
Black Elderberry Syrup
3 oz

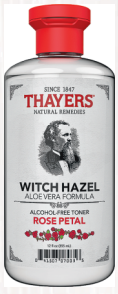
$12.99



Derma E
Hydrating Night Creme
2 OZ

$23.49





Thayers
Witch Hazel Alcohol-Free Toner
12 FL OZ

$7.29



Dr. Bronner's
Baby Soap Bar
Mild Aloe
5 OZ

$3.29



Acure
Deodorant
Selected Varieties
2.25 OZ

$5.99

Every Man Jack
Deodorant
Selected Varieties
3 OZ

$5.49



Herban Cowboy
Cologne
Dusk
1.7 FL OZ

$17.49



Desert Essence
Cleansing Pads
Tea Tree Oil
50 PADS

$4.99

