

# 42ND ANNIVERSARY

Family Owned

DECEMBER 2018



## Hurley's NO NAME NUTRITION Market

Since 1976  
and Operated

Check us out at:  
[nonamenutrition.com](http://nonamenutrition.com)



### MINERAL FUSION Entire Line on Sale!

Mineral Fusion is the #1 natural cosmetic brand, proudly offering a smarter makeup that instantly improves your complexion while nourishing the skin, all while being appropriate for even the most sensitive skin types.

Mineral Fusion also offers a wide range of nail polish, hair care, body lotions, and skin care – each formulated to deliver the uniquely beneficial power of minerals. All of our products are made in the USA and many of them are still handmade.

Our goal is to leave skin and hair in better condition than we found it. We make our products free of gluten, parabens, talc, artificial colors, synthetic fragrances, SLS, and phthalates.

We NEVER conduct animal testing, and never will, nor do we ask others to do so.

SAVE  
25%



## DON'T FORGET YOUR NO NAME GIFT CARD

They make  
wonderful  
stocking  
stuffers!  
  
Available  
in any  
amount.



GIVE YOUR  
LOVED ONES  
THE BEST  
NATURAL  
GIFTS!

**PTFit™** massage  
roller  
ptfitusa.com made in USA  
Rollers massage and relax tired or tight muscles

**FinnHook®**  
Finnhookusa.com  
Combines massage & trigger point therapy

Roll · Relax · Recover  
Relieve pain



### NATURAL MAKEUP 101

If you use department store or drugstore makeup every day, you could be absorbing 5 pounds of chemicals into your body each year. While the risks of many of the chemical ingredients in makeup are still unknown, parabens, synthetic dyes, petrochemicals, and heavy metals have been linked to conditions ranging from minor skin irritations to cancer. It's time to make the switch to natural makeup.

Mineral makeup's main ingredients are colored minerals and pigments that exist in nature, such as titanium dioxide, zinc and iron oxides, mica, and ultramarine pigments. Because it does not support bacteria, it needs no preservatives. An added benefit is the minerals provide broad-spectrum sun protection, though additional sunscreen is necessary for prolonged sun exposure.

Mineral pigments offer natural-looking coverage. Learning application techniques will give you the best possible results. Apply powder foundation with a round-tipped brush. For light applications, use light brush strokes in circular movements. For heavier applications, apply more pressure and pass over the same area multiple times to cover up breakouts, pigments spots, or rosacea. To set the powder, spray with a toner or a hydrating mist. To remove mineral powders, use a gel, milk, or cream cleanser, as they will not come off with water alone.

To provide contours or an overall glow, apply a powder or cream blush or bronzer, concentrating on the areas that naturally show color first—the cheeks and forehead. You can also use blush or bronzer on the eyelid for a natural-looking eye shadow. Brush on a coat or two of mineral-based mascara to enhance your eyes, and finish your flawless look with a mineral-based creamy lipstick or shiny lip gloss.



\*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.





## DECEMBER SAVINGS

### WILEY'S FINEST All Products on Sale!

Wiley's Finest fish oil = 100% American!

When you purchase a Wiley's Finest product, you can rest assured that you are purchasing a product that is made from fish caught by American fisherman, concentrated by American workers, and formulated specially for you by the Wiley family. There are very few Omega-3 ingredient manufacturers located in the USA. Most brands that claim a "Made in USA" label mean that the product was encapsulated into softgels and bottled in the U.S., not that the purification and concentration was done in the U.S.



**Made in the USA!**

**SAVE  
20%**

### NORDIC NATURALS

#### All Vitamin D, Complete Omegas and Omega 3s on Sale!

At Nordic Naturals we believe that omega oils are essential to life. By correcting the global omega-3 deficiency, we give each generation what they need to grow healthy and strong. Through science and innovation, we are committed to delivering the world's safest and most effective omega oils.



**SAVE  
25%**

### REDMOND

#### Earth Cure Soaps on Sale!

Like many of you, we've had a hard time finding the perfect soap. Some brands clean well, but they strip the skin of natural oils, leaving one feeling a bit irritated. On the other hand, moisturizing soaps tend to be too oily.

We believe Earthcure has the perfect balance. Its unique blend of natural oils creates a rich lather that cleans effectively while leaving the skin feeling soft and smooth. We think you'll like it.

**SAVE  
25%**



**NEW  
PRODUCTS!**

### NATURAL FACTORS

#### Brain Formulas on Sale!

The Three Brains supplement line is designed to help maintain optimal brain health by supporting the critical relationship between the heart, the brain, and the gut.



**SAVE  
25%**

## CACAO NIB ALMOND COOKIES Makes 24 cookies

These Paleo-friendly treats are grain- and dairy-free, and delicious enough for any family. Variations are easy; add cocoa powder for a chocolate-on-chocolate cookie, incorporate any dried fruit, or sneak in a spoonful of hemp powder for a protein-infused treat.

- ¼ cup coconut oil
- ¾ cup coconut sugar
- 2 small eggs
- 1 tsp. vanilla extract
- 1 tsp. almond extract
- 1 cup almond flour or almond meal
- ½ cup tapioca flour
- 1 tsp. baking soda
- ½ tsp. salt
- ½ cup cacao nibs

1. Preheat oven to 350°F. Line two large baking sheets with parchment.
2. In large bowl, beat coconut oil with coconut sugar until well-mixed; beat in egg and vanilla and almond extracts. Stir in almond flour, tapioca, baking soda, and salt. Mix well, then stir in cacao nibs.
3. Drop dough by mounded spoonfuls onto parchment-lined baking sheet. Bake 10 minutes, or until golden. Remove from oven and let cool. Serve warm, or cool completely and store in tightly covered container for up to 1 week. Refrigerate for up to 2 weeks

PER SERVING (1 cookie): 110 cal; 2g prot; 6g total fat (3g sat fat); 11g carb; 10mg chol; 120mg sod; 3g fiber; 6g sugars



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### ENZYMEDICA

#### All Products on Sale!

Enzymedica provides digestive enzyme supplements at the most therapeutic levels available today. You deserve to know what you're putting in your body, which is why we search the Earth to find only the highest quality natural ingredients for our products. This means absolutely no fillers, or excipients. We pride ourselves on our products being 100% vegetarian, and we seek out vegan and Kosher ingredients whenever possible.



**SAVE  
25%**

### JARROW FORMULAS

#### All Bone Up Formulas on Sale!

- Complete Multinutrient Bone-Health System
- Published Clinical Trial With Bone-Up® StimuCal™
- MicroCrystalline HydroxyApatite Complex Source of natural bone-growth factors
- Often Imitated Bone Supplement
- Bone-Up® is always UP-FORMULATED® to include the latest breakthroughs in bone health



**SAVE  
25%**







## DECEMBER SAVINGS

### RENEW LIFE

#### All Refrigerated Probiotics and Digestive Enzymes on Sale!

Keep your gut running smoothly with Ultimate Flora Probiotics. Experience the difference!

Renew Life plant-based Digestive Enzymes promote optimal digestion so you can feel comfortable and get the most from your food.



**SAVE  
25%**

### RIDGECREST HERBALS

#### Essential Eyes 120 Vcaps

EssentialEyes is a complex formula that provides full spectrum support for overall eye wellness and blue light damage prevention.

Regular Price  
\$59.99

**Sale Price  
\$41.99**

**SAVE  
30%**



### OXYLIFE

#### 5th Gear on Sale! 30 caps

Specially designed with ingredients to help with awareness and mental sharpness, this energy supplement will give you all the juice you need without the crash that comes from sugar-filled energy drinks. Try it out and experience real, natural energy to help you get through your busy day.

Regular Price  
\$16.80

**Sale Price  
\$11.76**

**SAVE  
30%**



### BIO NUTRITION

#### All Products on Sale!

With a superior research and development team Bio Nutrition Inc. looks forward to providing a wide variety of the most innovative, cutting edge supplements available.

**SAVE  
30%**



### DEODORANT STONES OF AMERICA

#### Thai Deodorants on Sale!

Beginning with the simple deodorant stone, we have grown to include sticks, sprays, roll-on deodorants, powders, and our Ayaté line.



**SAVE  
25%**

### ANCIENT NUTRITION

#### All Products on Sale!

At Ancient Nutrition, we believe the human body was built for high performance. In the modern world, we are disconnected from the traditions and nutritional principles that were honored and celebrated throughout history. Our whole food nutritional products are designed to provide Ancient Nutrients in a modern, convenient form to power the body and mind, restoring us to the health, strength and vitality of our ancestors.

**SAVE  
25%**



### KAL

#### All Products on Sale!

KAL's first product was a calcium powder. Today the brand offers all major minerals in tablets, liquids and highly soluble powders. KAL also offers a complete line of vitamins, offering a wide range of potencies, such as vitamin D products ranging 400 IU to 10,000 IU.



**SAVE  
25%**

### SOLARAY

#### All Products on Sale!

With almost 1,000 products, we provide a full line of herbs, herbal extracts, vitamins, minerals and specialty ingredients, such as amino acids, fatty acids, probiotics, enzymes, and functional formulations designed for today's lifestyles.

**SAVE  
30%**



### ZAND

#### New Vitamin C and Elderberry Gummies on Sale!

For the Whole Family: Convenient way for everyone ages 4 and up to get Elderberry & Vitamin C

Zand Quality: Gluten Free, non-GMO, and vegan with no artificial colors, flavors, or preservatives

ZAND is the best of American & European herbal knowledge combined with the wisdom of traditional Chinese medicine to provide you with the most balanced formulas available anywhere.

ZAND has applied today's science and manufacturing technology to develop safe products using natural.

**SAVE  
25%**



## PECAN PIE MINI CHEESECAKES - KETO FRIENDLY

Using a silicon muffin tin makes these mini cheesecakes easy to remove from the pan; or use a regular muffin pan and liberally coat the sides with coconut oil. This recipe uses erythritol, a keto-friendly sweetener, instead of sugar; you can also use xylitol. Make this dessert the night before the big event, and remove from pan just before serving.

- 1 cup pecans
- ¼ cup melted butter or coconut oil
- ¼ cup plus 1 Tbs. erythritol
- Pinch of salt
- 4 oz. softened cream cheese
- 2 eggs
- 1 tsp. vanilla extract
- 12 toasted pecan halves

1. Preheat oven to 350°F. Process pecans in food processor until very fine, about the texture of cornmeal. With food processor running, drizzle in butter, and add ¼ cup erythritol and salt. Divide pecan crust evenly between cups of a 6-cup muffin tin. Bake 5 minutes, until just golden. Remove from oven, and set aside.
2. While crusts bake, combine cream cheese, eggs, vanilla, and remaining erythritol in a standing mixer or large bowl. Beat in standing mixer or with an electric hand mixer until creamy and smooth, about 5 minutes.
3. Pour cheesecake mixture over crust in muffin cups. Bake 15 minutes; mixture will look soft, but will firm up with cooling. Remove from oven and let cool briefly.
4. Gently press one or two pecan halves into top of each cheesecake. Refrigerate pan at least 4 hours, or overnight.
5. To serve, remove muffins from tin, divide among individual plates, and serve immediately.

PER SERVING: 310 cal; 5g prot; 31g total fat (11g sat fat); 14g carb; 100mg chol; 170mg sod; 2g fiber; 2g sugar

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## DECEMBER SAVINGS

### NO NAME BRAND L-Theanine 120 Vcaps

L-Theanine promotes relaxation without the drowsiness or negative side effects associated with other calming agents. L-Theanine also supports healthy cardiovascular function through this relaxing effect. Guaranteed Quality From a Name YOU Trust!

Regular Price  
\$34.49



**Sale Price**  
**\$25.87**



### NO NAME BRAND Oregano Oil Caps 60/120 Vcaps

Standardized to 70% carvacrol to support a healthy immune system. Guaranteed Quality From a Name YOU Trust!

Regular Price  
\$16.95/\$29.95



**Sale Price**  
**\$12.71/\$22.46**



### NO NAME BRAND Kava Kava 60 liquid caps

Promotes deep relaxation and reduces everyday stress.

Guaranteed Quality From a Name YOU Trust!

Regular Price  
\$29.99



**Sale Price**  
**\$20.56**



### NO NAME BRAND Cholesterol Support 90 tabs

Red Yeast Rice is a traditional Asian food that dates back to 800 A.D. and has been scientifically proven to help control cholesterol. Contains:

- CoQ10
- Milk thistle
- Niacin

Regular Price \$25.95

**Sale Price**  
**\$19.46**



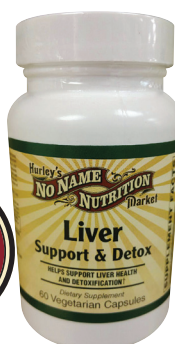
### NO NAME BRAND Liver Support on Sale! 60 Vcaps

A unique combination of herbal extracts that works synergistically to support liver function. It nutritionally supports and protects liver cells from free radical damage. Silybin, one of the primary constituents of Milk Thistle, supports the liver's efforts to remove chemicals, drugs, alcohol, and other exogenous toxins. Guaranteed Quality From a Name YOU Trust!

Regular Price  
\$19.95



**Sale Price**  
**\$14.96**



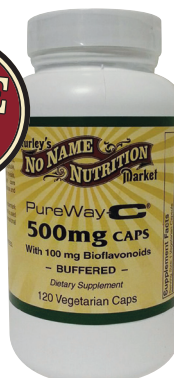
### NO NAME BRAND PureWay C 500 mg 60/120/240 caps

Clinical studied form of buffered vitamin C that yields higher absorption.

- Gentler on Stomach
  - Stays in Body Longer
- Guaranteed Quality From a Name YOU Trust!

Regular Price  
\$9.95/\$17.95/\$31.98

**Sale Price**  
**\$7.46/\$13.46/23.99**



**Merry Christmas  
– From Our Family  
to Yours!**



Pick up your  
**FREE COPY**  
of *Better Nutrition*  
magazine

- Fatigue Busting Foods
- 5 Amazing Cranberry Benefits
- 31 Days of Giveaways!

## 2 STORES TO SERVE YOU!

### NORTH EAST:

2032 N. 72nd St.  
402.393.5812  
Omaha

### WEST CENTER:

14469 W. Center Rd.  
402.333.1300  
Omaha

### STORE HOURS:

Mon 9:30am-8pm  
Tue-Sat 9:30am-6pm  
Sun Closed

West Store open  
**till 8pm** on Monday  
and Thursday!



**Have a Very Blessed and Merry Christmas  
and a Joyous and Happy New Year!**

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