Independent Choice™

January 2019

Muir Glen Organic Tomatoes
(selected varieties)

4/$5
14.5-15 oz

Traditional Medicinals Organic Tea
(selected varieties)

$3.99
16 ct

Ancient Harvest Organic Supergrain Pasta

2/$6
8-9.6 oz

Garden of Eatin' Tortilla Chips
(selected varieties)

2/$6
8.1 oz

Harmless Harvest Organic Harmless Coconut Water

$4.29
16 oz

Napa Valley Naturals Organic Cold Pressed Extra Virgin Olive Oil

$10.99
25.4 oz

Lundberg Family Farms Organic Rice Cakes
(selected varieties)

2/$7
8.5-10 oz

KeVita Organic Sparkling Probiotic Drink

2/$5
15.2 oz

Annie's Naturals Organic Dressing

2/$7
8 oz

Cascadian Farm Organic Organic Cereal
(selected varieties)

2/$7
8.6-14.6 oz

GoMacro Organic MacroBar

2/$5
2-2.4 oz

Prices & varieties may vary by location. Some items or varieties may not be available at all stores or on the same days in the month of January.

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Lightlife
Organic Tempeh
(selected varieties)

2/$5

8 oz

Westbrae
Organic Beans
(selected varieties)

2/$4

15 oz

Boulder Canyon
Avocado Oil
Potato Chips

2/$5

5.25 oz

Alexia
Organic
Potatoes
(selected varieties)

$3.29

15-16 oz

Udi's Gluten Free
Bread
(selected varieties)

$4.49

12-14.3 oz

Primal Kitchen
Mayo with
Avocado Oil

$7.49

12 oz

Late July
Organic
Restaurant Style
Tortilla Chips

2/$6

10-11 oz

Organic Valley
Organic
Shredded Cheese

$4.49

6 oz

Frontera
Cooking Sauce
(selected varieties)

$1.99

8 oz

Organic Valley
Organic Sour Cream

$3.79

16 oz

Beanitos
Bean Chips
(selected varieties)

$2.69

5-6 oz

Miso Master
Organic Mellow
White Miso

$4.49

8 oz

SkinnyPop
Popcorn
(selected varieties)

$3.29

4.4 oz

Dr. McDougall's
Split Pea Soup Cup

3/$5

2.5 oz

DeBoles
Organic Artichoke Pasta
(selected varieties)

$2.29

8 oz

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Green Valley Organics
Organic Lowfat Plain
Lactose Free Kefir

$4.99
32 oz

Food For Life
Organic Ezekiel 4:9®
Sesame Bread

$4.99
24 oz

Califia Farms
Almondmilk

$4.29
48 oz

Bob's Red Mill
Muesli

$3.99
18 oz

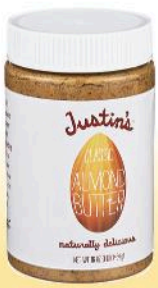
Stonyfield
Organic Yogurt
(selected varieties)

2/$7
32 oz

Sambazon
Organic Superfruit Packs
(selected varieties)

$5.49
4/100 g

Justin's
Almond Butter



$9.99
16 oz

Barbara's
Puffins Cereal

$3.79
10-11 oz

Uncle Matt's Organic
Organic
Orange Juice
(selected varieties)

$6.29
52 oz

Van's
Waffles
(selected varieties)

2/$5
8-9 oz

Chameleon Cold-Brew
Organic
Ready to Enjoy
Coffee

2/$6
10 oz

Nature's Bakery
Whole Wheat Fig Bar

69¢
2 oz

Bakery On Main
Gluten-Free
Granola

$4.49
11 oz

Earthbound Farms
Organic Frozen
Strawberries

$3.79
10 oz

Raw Rev
Glo Bar

$1.59
1.6 oz

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Sunshine Burgers Organic Veggie Burgers
(selected varieties)

$4.29
8 oz

Organicville Organic Ketchup

$4.29
24 oz

Cascadian Farm Organic Organic Potatoes
(selected varieties)

2/$6
12-16 oz

Gardein Meatless Meat
(selected varieties)

$3.99
9-14.1 oz

Annie's Homegrown Mac & Cheese
(selected varieties)

2/$3
5.5-6 oz

Quorn Meat Alternative
(selected varieties)

2/$6
7.76-11.3 oz

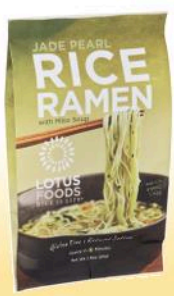
Amy's Bowl
(selected varieties)

$4.69
8.4-10 oz

Tasty Bite Indian Entrée

2/$5
10 oz

Lotus Foods Rice Ramen
(selected varieties)



2/$3
2.8 oz

Wild Planet Wild Sardines
(selected varieties)

$2.29
4.25-4.4 oz

Once Again Nut Butter Organic Tahini

$6.99
16 oz

Beanfields Bean Chips

$2.69
5.5 oz

Farmhouse Culture Organic Kraut

$5.29
16 oz

Bonafide Provisions Organic Bone Broth

$7.29
24 oz

A. Vogel Organic Herbamare Sea Salt

$5.99
8.8 oz

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Santa Cruz Organic
Organic Apple Sauce Cups

$3.79
6/4 oz

Celestial Seasonings
Tea
(selected varieties)

$2.79
20 ct

Almond Breeze
Almondmilk
(selected varieties)

$3.79
64 oz

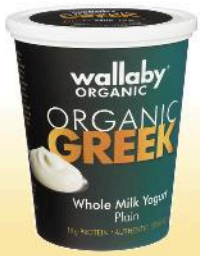
nutpods
Dairy-Free Creamer
(selected varieties)

2/$5
11.2 oz

Wyman's of Maine
Wild Blueberries

$3.79
15 oz

Wallaby Organic
Organic
Greek Yogurt



$5.99
32 oz

R.W. Knudsen
Simply
Nutritious Juice

$3.29
32 oz

Woodstock
Organic
Mangoes

$3.69
10 oz

Earth Balance
Coconut &
Peanut Spread

$4.29
16 oz

Purely Elizabeth
Granola

$5.99
12 oz

Annie's Homegrown
Organic Bunny
Fruit Snacks

2/$7
4 oz

siggi's
Icelandic Yogurt
(selected varieties)

3/$4
5.3 oz

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Annie's Homegrown
Organic
Snack Mix

$3.99
9 oz

Angie's
BoomChickaPop
Popcorn
(selected varieties)

$2.79
4.4-7 oz

Zevia
Zero Calorie Soda

$4.49
6/12 oz

Glutino
Gluten Free
Pretzels

$4.49
14.1 oz

EPIC
Meat Bar

$2.29
1.3-1.5 oz

Essentia
Alkaline Water

2/$4
1.5 lt

Late July
Organic
Cantina Dippers

2/$6
8 oz

Annie's Homegrown
Bunny Crackers
(selected varieties)

2/$7
7.5 oz

Vita Coco
Coconut Water

2/$7
1 lt

Bobo's
Oat Bar

2/$5
3 oz

Perfect Bar
Protein Bar

$2.29
1.6-2.5 oz

R.W. Knudsen
Organic Just Tart
Cherry Juice

$6.49
32 oz

ProBar
Meal Bar

2/$5
3 oz

RXBAR
Protein Bar
(selected varieties)

2/$4
1.83 oz

Halo Top Creamery
Light Ice Cream

$4.29
1 pt

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Orgain
Organic Vegan
Protein Shake

$2.79
11 oz

inner-eco
Probiotic
Coconut Water

$15.99
15 oz

Start the year off right with clean, organic protein for the whole family.

USDA ORGANIC

Orgain is relentless about using only the highest quality ingredients.

- Smooth and Delicious
- Soy & Gluten Free
- Non-GMO
- Free of artificial colors and preservatives

Orgain
Get picky with your protein™

Madhava
Organic
Coconut Sugar

$4.99
16 oz

Navitas
Organic
Cacao Powder

$6.99
8 oz

Gaia Herbs
Golden Milk

$15.99
4.3 oz

NeoCell
Super Collagen

$13.99
7 oz

Amazing Grass
Green Superfood
Original

$23.99
8.5 oz

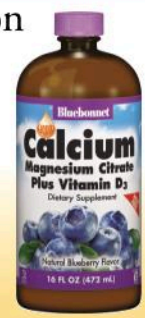
Buried Treasure
ACF Fast Relief

$22.49
16 oz

Vega
Organic Vega One
All-In-One Shake

$49.99
24.3-26.9 oz

Bluebonnet Nutrition
Blueberry Liquid
Calcium Magnesium
Citrate



$11.99
16 oz

Hero Nutritionals
Yummi Bears
Complete Multi
Gummy Vitamin

$14.49
90 ct

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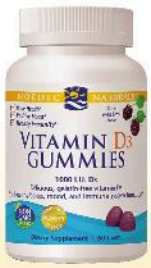
Nordic Naturals
Wild Berry
Vitamin D3
Gummies



$10.79
60 ct

Nutrition Now
PB 8® Probiotic

$15.99
120 cap

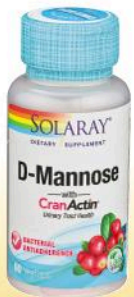
Rainbow Light
Men's One
Multivitamin

$29.99
90 tab

Quantum Health
Super Lysine+

$7.49
90 ct

Solaray
D-Mannose with
CranActin



$14.99
60 cap

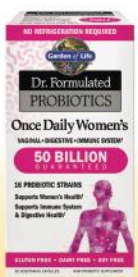
Natural Factors
Vitamin C 500
Chewables

$9.99
90 ct

Himalaya
PartySmart

$1.69
1 vcap

Garden of Life
Dr. Formulated
Probiotics Once
Daily Women's



$26.99
30 cap

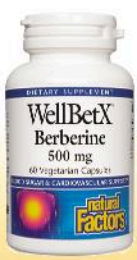
New Chapter
Every Woman™'s One
Daily 40+
Multivitamin

$29.99
48 tab

Jarrow Formulas
Saccharomyces
Boulardii + MOS

$18.99
90 vcap

Natural Factors
WellBetX®
Berberine 500 mg



$18.99
60 vcap

MegaFood
Multi for Women
55+

$22.99
60 tab

Boiron
Oscillococcinum

$10.99
6 ct

Nature's Way
Alive!® Once Daily
Men's 50+
Ultra Potency

$15.99
60 tab

Renew Life
Cleanse More

$14.49
60 cap

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Carlson
Lemon
Cod Liver Oil

$20.99
8.4 oz

Sovereign Silver
Bio-Active Silver
Hydrosol Dropper

$19.19
4 oz

NOW
MCT Oil

$17.49
32 oz

Ricola
Cough Drops
(selected varieties)

$2.19
19-24 ct

Dr. Bronner's
All-One
Toothpaste

$4.99
5 oz

Essential Oxygen
Organic Peppermint
Brushing Rinse

$9.99
16 oz

Natural Vitality
Natural Calm
(selected varieties)

$16.99
8 oz

Andalou Naturals
1000 Roses
Cleansing Foam

$9.49
5.5 oz

ACURE
Mega Moisture
Shampoo &
Conditioner

$6.99
12 oz

Ecover
Stain Remover

$4.29
6.8 oz

CleanWell
Natural
Hand Sanitizer

$2.79
1 oz

Alaffia
Everyday Coconut
Body Lotion
(selected varieties)

$11.99
32 oz

ECOS
Laundry Detergent
(selected varieties)

$10.49
100 oz

Seventh Generation
Dish Liquid

$3.29
25 oz

Biokleen
Bac-Out Stain &
Odor Remover

$6.99
32 oz

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Independent Choice™ specials are available at members of the Independent Natural Food Retailers Association store locations:

Florida

Abby's Health & Nutrition
14374 N Dale Marbry, Tampa

Debbie's Health Foods
862 Saxon Blvd, Orange City
3850 S Nova Rd, Port Orange

Get Healthy
1254 Broad St South, Brooksville
11083 Spring Hill Dr, Spring Hill

Grassroots Natural Market II
1915 EW Pkwy, Fleming Island

Healthy Living
Organic & Natural Market
10671 Boardwalk Loop,
Lakewood Ranch

Nassau Health Foods
833 TJ Courson Rd, Fernandina Beach

Native Sun Natural Foods Market
11030 Baymeadows Rd, Jacksonville
10000 San Jose Blvd, Jacksonville
1585 3rd St N, Jacksonville Beach

Nature's Food Patch
1225 Cleveland St, Clearwater
966 Douglas Ave, Dunedin

Nutrition Smart
16250 NW 57th Ave, Miami Lakes
4155 Northlake Blvd, Palm Beach Gardens
10980 Pines Blvd, Pembroke Pines
464 SW Port St Lucie Blvd, Port St Lucie
14847 N Dale Mabry Hwy, Tampa
12702 Race Track Rd, Tampa
1821 Bruce B Downs Blvd, Wesley Chapel

Peggy's Natural Food Market
5839 SE Federal Hwy, Stuart

Tunie's
5651 Coral Ridge Dr, Coral Springs

Georgia

Brighter Day Natural Foods
1102 Bull St, Savannah

Farmer's Natural Foods
754 E G Miles Pkwy, Hinesville

Nature's Corner Market
3960 Mary Eliza Trace NW, Marietta
200 Parkbrooke Dr, Woodstock

Savi Provisions
287 Elizabeth St NE, Atlanta
1388 Dresden Drive, Atlanta
988 Peachtree Street, Atlanta
308 Pharr Road, Buckhead
180 W Ponce De Leon, Decatur

North Carolina

Apple Crate Natural Market
2711 Raeford Rd, Fayetteville
5430 Camden Rd, Fayetteville

Be Natural
273 Boone Heights Dr, Boone

Food Matters Market
1 Market St, Brevard
210 Avery Ave, Morganton

Harmony Farms Natural Foods
5653 Creedmoor Rd, Raleigh

Living Well Down East
309 Middle St., New Bern

Lovey's Natural Food Market
1319 Military Cutoff Rd, Wilmington

Nature's Own
195 Bell Ave, Southern Pines

Organic Marketplace
1012 S New Hope Rd, Gastonia

West Village Market & Deli
771 Haywood Rd, Asheville

South Carolina

14 Carrot Whole Foods
5300 Sunset Blvd, Lexington

Bay Naturals
7611 N Kings Hwy, Myrtle Beach
556 Hwy 17 N, North Myrtle Beach

Belue Farms
Natural Foods Market
3769 Parris Bridge Rd, Boiling Springs

Bert's Market
202 E Ashley Ave, Folly Beach

Rosewood Market & Deli
2803 Rosewood Dr, Columbia

Tennessee

Grubb's Grocery
4 Jackson Walk Plaza, Jackson

Natural Foods Market
3211 Peoples St, Johnson City

Nutrition World
6201 Lee Hwy, Chattanooga

Tree of Life Market
30 Crossland Ave, Clarksville

The Turnip Truck
321 12th Ave S, Nashville
701 Woodland St, Nashville

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