



# Health Matters

by  
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Like millions over forty, we recognize that the health of our eyes is a main concern as we age. The retinas, lenses and macula of our eyes have endured years of free-radical damage from excess exposure to sunlight, UV rays and harmful blue light from endless hours of using digital screens.

Nutrition plays a considerable role in eye health and, of course, getting adequate sleep and regular exercise is essential, as well. Clinical studies reveal that optimal levels of specific antioxidants also help protect our eyes from age-related decline and disease. **Eye Remedy** is a proprietary multi-nutrient formula containing these types of beneficial antioxidants.

A tasty, citrus-flavored smoothie-like liquid supplement, **Eye Remedy** is made with omega-3 fish oil and nutrients such as lutein, zeaxanthin and astaxanthin, all known to specifically support eye health by reducing free-radical damage. Vision is an amazing gift never to be taken for granted.

As always, we guarantee your satisfaction.

**Locally owned for 35 years**

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