

Health Matters

> Patsy Meridith, C.N.C Owner of Natural Foods Market

Studies show that more than half of all women over age 60 have low thyroid function due to an iodine deficiency. The ICCID (International Council for the Control of Iodine Deficiency) confirms that this wide-spread deficiency is likely responsible for chronic symptoms endured by millions, such as fatigue, thinning hair, poor memory, lack of libido and unexplained weight gain.

In determining the cause of this deficiency, researchers have discovered blockers documented to seriously diminish the uptake of iodine by the thyroid. Included are chlorine (water), fluoride (toothpaste), bromide (wheat) and artificial sweeteners. Those affected find eliminating these to be helpful.

Tri-lodine is an easily-assimilated blend of three forms of iodine designed to provide targeted support for different bodily systems. It can enable those who are deficient to have more energy, increased metabolism, reduced hair loss, restored memory and better weight control.

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