



Health Matters

by
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One of the least understood of all our health challenges is the **common cold**, which can be caused by more than 200 different types of viruses. More widespread in winter months, colds are not a result of cold weather itself, but partly due to our being indoors more and in closer proximity with others who may be infectious.

A proprietary natural medicine that's been shown in double-blind, placebo-controlled studies to significantly shorten the duration and reduce the severity of colds, **UMCKA** is made from the root of *Pelargonium Sidoides*, a South African plant used traditionally by Zulu tribal people to treat respiratory ailments.

Unlike other OTC medicines that simply mask symptoms, **UMCKA** is one of the most widely prescribed cough, cold and upper respiratory therapies in Europe, where it's used as a first-line treatment for most sinus, throat and bronchial infections. As a convenient chewable or liquid drops, **UMCKA** speeds recovery fast.

As always, we guarantee your satisfaction.

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