

Cleanse Renew Restore



**Resolve! A Healthy
New Year with
Brighter Day Natural
Foods Market**



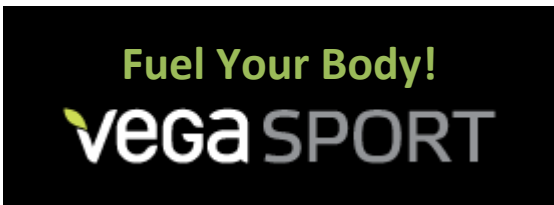
Cleanse Kits on Sale!
**25% Off MSRP
on Selected Products**
• Cleanse Smart • Rapid
Cleanse • Total Body Cleanse



All Products on Sale!
25% Off MSRP



Green Vibrance • Joint
Vibrance • Maximum
Vibrance • Cholesterol
Blocker • Metabolic
Vibrance & More



Prepare Sustain Recover
20% Off MSRP
Sports Products & Vega One
on Sale!



All Microbiome Probiotics on Sale

30% Off MSRP
• Weight • Women • Men • 50+
• Urgent Care • Colon • Mouth



All Amazing Grass
25% Off MSRP



**Protein & Kale
Plus Green Foods & Proteins**



40% Off MSRP
Award-Winning ORAC Greens!
• Protein & Greens • Energy Greens
• Slimming Greens • Multis



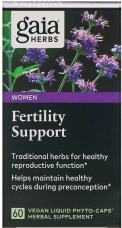
Start the Year with Gaia Herbs...



1st Quarter Deals 15-35% Off MSRP

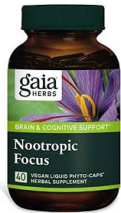
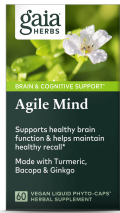
Women's & Men's

- **New** Fertility Support
- **New** Nighttime Comfort • Black Cohosh • Fenugreek Seed • Lactation Support • Plantforce Liquid Iron • Vitex
- Women's Balance • Women's Libido
- Male Libido • Prostate Health



Stress & Mind!

- **New** Agile Mind • Ashwagandha
- Adrenal Daily Support • Adrenal Nightly Restore • Adrenal Jumpstart • **New** Bacopa • Calm A.S.A • Emotional Balance



The Popular Turmeric Supreme Family...



- Turmeric Extra Strength
- Turmeric Pain
- Turmeric Pain p.m.
- Turmeric Joint

Support for Winter Wellness...

We love Gaia's **Elderberry Syrups!** They taste **delicious** and are **super concentrated**, with 14.5 grams of **organic** elderberries per teaspoon. They also contain Acerola Fruit Extract for **Vitamin C**.

- Black Elderberry Syrup • Bronchial Wellness Syrup • Black Elderberry NightTime • Astragalus Supreme
- Black Elderberry caps • Echinacea & Goldenseal • Echinacea Supreme
- Quick Defense • Gaia Kids Black Elderberry Syrup • Olive Leaf
- Oil of Oregano



Add Nutritious Powders

- Mind Spring • Energy Thrive
- Immune Shine



Add Golden Milk Powder to Water or Milk! Explore delicious recipes at [Gaia Herbs Blog](#)

A delicious nourishing tonic, made from a traditional Ayurvedic recipe of turmeric, dates & spices.



Time to Update Your Nutritional Plan?

Brighter Day Staff is Ready to Help!

January Supplement Sales



Cranactin, Herbs & Minerals+ **30-40% Off MSRP**

- ▲ Cranactin ▲ D-Manose w/Cranactin
- ▲ Turmeric Rt ▲ Milk Thistle Seed Ext
- ▲ Milk Thistle 1/day ▲ Turmeric Rt Advanced
- ▲ Turmeric 1/day ▲ Org Fermented Mushrooms: Chaga, Lion's Mane, Reishi
- ▲ All Mycrobioome Probiotics
- ▲ Vitamin C -All Large Sizes
- ▲ Magnesium Glycinate ▲ Magnesium Citrate
- ▲ Calcium Citrate
- ▲ Collagen Bone Support



Back to Basics!

25-30% Off MSRP

- All Life Force Multi - with Iron & Iron Free
- Vegan True Multi
- All Wellness Formulas
- Black Seed
- High Stress B & C
- Horny Goat Weed
- Hot Flash
- MegaMind
- Tongkat Ali
- Turmeric with Bioperine
- Visual Eyes & More



Where Great Health Begins

natural factors

Selected Natural Factors **25-40% Off MSRP**

- Biosil • PGX Weight Loss • Apple Cider Vinegar
- CoQ10 & Ubiquinol
- Vitamin D3 • Oil of Oregano
- CurcuminRich • Whole Earth & Sea Multis
- Berberine • Vitamin C-Chew
- Quercetin EMIQ • Whey Factors
- Wild Alaskan Salmon • Suntheanine
- Pharma Gaba • Tranquil Sleep



25% Off MSRP All Products





Here's to Your Health in 2020!

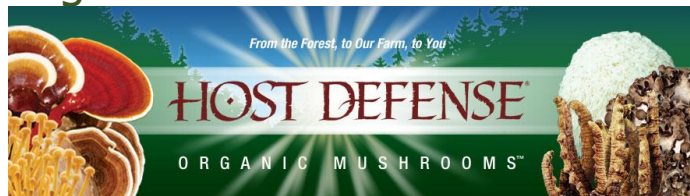
Brighter Day Natural Foods Supplements Sales



25% Off MSRP Selected Products

- ◆ Multis ◆ Blood Builder
- ◆ Probiotics ◆ Baby & Me

Organic Medicinal Mushrooms



Selected Products 25% Off MSRP

- My Community • Stamets' 7
- Turkey Tail • Cordyceps • Reishi
- Primordial Chocolates & More

NORDIC NATURALS



Pure and Great Tasting Omega Oils

25% Off MSRP

- ▲ Nordic Berries
- ▲ Omega-3 Gummies
- ▲ Other Gummies



30% Off MSRP

- Long Jack Power Max
- Colon Clenz & Colon Clenz Ultra
- AlkaMax • Parazide Clenz • Red Rockit

LifeExtension

Foundation for Longer Life®

25% Off MSRP:

- Skin Restoring Ceramides
- AMPK Metabolic Activator
- Optimized Saffron w/Satieral

*"Vitamin and Supplements
Rooted in Science"*



By Dr. Tori Hudson

Vitonica On Sale!

Products for Women
by a Woman

15% Off MSRP

- CandiStat • CrampBark Extra
- CranStat Extra • GABA Ease
- Iron Extra • Lactation Blend
- V-Fresh • Yeast Arrest



Chinese & Ayurvedic Herbs!

Explore the World of Herbs!

Brighter Day Natural Foods Market

January Supplement Sales

Himalaya
SINCE 1930
Sale on All Products!
25% Off MSRP



World's # 1 Brand of Korean Red Ginseng
CheongKwanJang

Supplying Authentic Premium
Quality for 100+ Years

Extracts ♦ Capsules ♦ Shots



TERRY
NATURALLY
Red Ginsengs

20% Off MSRP



35% Off MSRP
All Herbs

- Camu-Camu • Fo-Ti
- Graviola • Jiaogulan • Siberian Eleuthero • Panax Red Ginseng
- Shatavari • Shilajit & More



20-30% Off

Selected Products

- Ashwagandha • Astragalus
- Chaga • Horny Goat Weed • Holy Basil • Kudzu Recovery • Loquat Syrup • Maca • Old Indian Syrup
- Reishi • Reishi Mushroom Supreme • Rhodiola • Salvia (Chinese) • Triphala & More



CBD Savings at Brighter Day!

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PLUS
+CBD^{oil}TM
HEMP-DERIVED CBD OIL

**All 20%
Off MSRP**



CBD by Solaray **20%+ Off MSRP**



- 15 Mg/cap ● Full Spectrum ● Liquid Veg Cap ● Supercritical Hemp Ext ● U.S. Sourced ● Lab Verified & Buzz-Free

**Pain, Stress & Sleep
Formulas Also Available**



**All Charlotte's Web
Hemp!**

20% Off MSRP

Oils – Caps – Topicals



Drops, Sprays, Roll-On, Cream



• Frangiosa Farms Original •

**COLORADO
HEMP HONEY**TM

BEE CALM BEE RESTED BEE HAPPY

20% Off MSRP

All Products!

6 oz Honeys & Straws

fireorganixTM



- ▲ Hemp-derived CBD Extracts
- ▲ Full Spectrum
- ▲ Water Soluble Technology
- ▲ Nano Concentrates

**"Unparalleled Quality –
Driven by Science"**

gaia[®]
HERBS

**25% Off
MSRP**

Full Spectrum, Premium Hemp Oil,
New Hemp Liquid Phyto-Caps &
More



<https://www.gaiaherbs.com/pages/hemp>