



COOS HEAD FOOD CO-OP

Fresh Produce, Locally Sourced, & Community Owned Co-Op!

- OCTOBER MONTHLY SALE ITEMS -



PAESANA WHITE
New York
PIZZA SAUCE
\$3.69
REG. \$4.69

ANNA OO EXTRA
FINE ORGANIC
FLOUR PASTA
\$3.99
REG. \$4.89



FIELD DAY
ORGANIC
PIZZA SAUCE
\$3.99
REG. \$4.99



MUIR GLEN
ORGANIC PIZZA
SAUCE
\$2.69
REG. \$3.69



Make a Spooktacular
Pizza this
Halloween



FREAK FLAG
TOMATO
PESTO AND
KALE PESTO
\$2.39
REG. \$2.89

MEDITERRANEAN
SUN DRIED
TOMATOES
\$2.69
REG. \$3.69



NATURAL
VALUE SLICED
RIPE BLACK
OLIVES
\$2.69
REG. \$3.69



NATIVE
FOREST
QUARTERED
ARTICHOKE
HEARTS &
PINEAPPLE
SLICES
\$2.99
REG. \$4.19

NATIVE FOREST OG
MUSHROOM PIECES
\$2.69
REG. \$3.19



We have the perfect spooky toppings for
your Halloween Pizza



VIOLIFE Vegan
MOZZARELLA
SHREDS
\$8.99
REG. \$10.99

Co-op Bulk
MOZZARELLA
\$2.99
REG. \$4.19

FRONTIER
BLACK
PEPPER
POUCH
\$2.99
REG. \$4.19

Co-op Bulk
GRATED PARMESAN
\$6.99LB
REG. \$7.69LB

EMPERORS
KITCHEN CHOPPED
OG GARLIC
\$6.99
REG. \$7.79



CROWN PRINCE
ANCHOVY PASTE
\$2.99
REG. \$3.39



NEW ZEALAND
FINE SEA SALT
\$4.69

We also have Sea
Salt in the Co-op
Bulk Department



SJAAK'S PUMPKIN
SPICE MELK
CHOCOLATE BITES
\$2.69
REG. \$3.19



SJAAK'S
VEGAN
CHOCOLATE
FROGS
\$2.99
REG. \$4.19



SJAAK'S
WHITE
CHOCOLATE
SKULL POP
\$2.99
REG. \$4.19

New Halloween
Spooky Goodies All
month Long, We even
have Pumpkins in
Produce!



FULL SIZE NATURAL
Paint Kit
\$12.49
REG. \$14.69

-Eco Friendly-



MINI NATURAL
Paint Set
\$8.99
REG. \$9.99

NATURAL
EARTH PAINT
INDIVIDUAL
GLITTER
\$6.99
REG. \$7.79



INDIVIDUAL FACE
PAINTS
\$2.49
REG. \$2.99

NATURAL
EARTH PAINT
MAKEUP
APPLICATOR
SET
\$4.99
REG. \$5.99



ALTER ECO
TRUFFLES
\$8.99
REG. \$9.99
ALTER ECO
TRUFFLES
Keto Friendly
\$9.99
REG. \$11.19

CHOCOLOVE
MINI BARS
\$2.99
REG. \$4.19

Chocolove
xoxox



TONY'S
CHOCOLONELY
\$10.39
REG. \$12.99



OPEN M,W,F 9AM-7PM TUES,THURS 8AM-7PM SAT 9AM-6PM SUN 10AM-6PM

COOSHEADFOODCOOP1971

COOS HEAD FOOD CO-OP

VISIT US ONLINE AT: COOSHEADFOOD.COOP

353 S. 2ND STREET, COOS BAY, OREGON 97420



STORE PHONE: (541) 756-7264



COOS HEAD FOOD CO-OP

Fresh Produce, Locally Sourced, & Community Owned Co-Op!

- OCTOBER MONTHLY SALE ITEMS -



Co-op Halloween Pick



**RB DEAD
GUY ALE**
\$2.99
PLUS DEPOSIT

**MIX & MATCH 6
BOTTLES GET 10% OFF**

**MIX & MATCH 6
CANS GET 10% OFF**

ONLY APPLIES TO 750 ML (WINE BOTTLES) & 22 OZ. (BEER BOTTLES)



**BOOCH CRAFT
ORGANIC HARD
KOMBUCHA**
\$2.29
PLUS DEPOSIT

Everyone loves a
good Booch, well
how about an
Organic Hard
Kombucha!

**WE ALSO HAVE NON-ALCOHOLIC
KOMBUCHA ON TAP IN THE DELI!**



October is
National
Non-Gmo



Did you know we have
Non-GMO and Certified
Organic Wines? Look for
the Non-Gmo Project
Logo.

**LES HAUTS
DE
LAGARDE
BORDEAUX**
\$13.99

**ALTO
COLCHAGUA
KOYLE
GRAN
RESERVA
CARMENRE**
\$13.99

Remember to use your member discount
when shopping in October.



**LAURELWOOD
BREWING CO.
MEGAFAUNA
DOUBLE IPA**
\$1.70 PLUS DEPOSIT

**DOUBLE MOUNTAIN
HOP LION IPA**
\$1.99 PLUS DEPOSIT

**REMEMBER TO
BUILD YOUR
OWN 6 PACKS**



**BREAKSIDE
OCTOBERFEST
FESTBIER
LAGER**
\$2.49
PLUS DEPOSIT



**BREAKSIDE
WANDERJACK
IPA**
\$2.49
PLUS DEPOSIT



OPEN M,W,F 9AM-7PM TUES,THURS 8AM-7PM SAT 9AM-6PM SUN 10AM-6PM

COOSHEADFOODCOOP1971

COOS HEAD FOOD CO-OP

VISIT US ONLINE AT: COOSHEADFOOD.COOP

353 S. 2ND STREET, COOS BAY, OREGON 97420



STORE PHONE: (541) 756-7264



COOS HEAD FOOD CO-OP

Fresh Produce, Locally Sourced, & Community Owned Co-Op!



- OCTOBER MONTHLY SALE ITEMS -



**VITAL PLANET
FLORA
PROBIOTICS**

\$ALE



**BEEF GELATIN
GRASS-FED &
PASTURE-RAISED
UNFLAVORED
\$17.99**

**COLLAGEN
HYDROLYSATE
GRASS-FED &
PASTURE-RAISED
UNFLAVORED
\$22.99**



NEW ITEM

SERENITY CBD



Calm your Senses and get Centered
Lavender, Sandalwood, Honeysuckle, Vanilla &
Rose



NEW ITEM

Men & Women
Multivitamin



NEW ITEM

Teen & Kids
Multivitamin



**SMARTY PANTS ORGANIC GUMMIES
MULTIVITAMIN & PROBIOTICS
\$14.29—\$35.69
REG. \$18.29—\$44.29**



**VEGA PLANT
BASED
PROTEIN
\$16.99
REG. \$19.99**



**NORDIC
NATURALS
\$3 OFF
COUPON**

**NORDIC
NATURALS®**
NORDIC NATURALS COUPON
CAN BE FOUND IN THE
WELLNESS DEPARTMENT

OPEN M,W,F 9AM-7PM TUES,THURS 8AM-7PM SAT 9AM-6PM SUN 10AM-6PM

COOSHEADFOODCOOP1971 COOS HEAD FOOD CO-OP VISIT US ONLINE AT: COOSHEADFOOD.COOP

353 S. 2ND STREET, COOS BAY, OREGON 97420

STORE PHONE: (541) 756-7264



COOS HEAD FOOD CO-OP

Fresh Produce, Locally Sourced, & Community Owned Co-Op!



- OCTOBER MONTHLY SALE ITEMS -

BULK DEPARTMENT SALE

**OG
CURRANTS**

\$ 3.99 LB

REG. \$ 5.89 LB

OG PRUNES

\$ 7.59 LB

REG. \$ 9.39 LB

OG APRICOTS

\$ 5.99 LB

REG. \$ 9.99 LB

**OG DRIED
BANANAS**

\$ 7.49 LB

REG. \$ 8.49 LB

**OG CRUNCHY
& CREAMY
PEANUT
BUTTER**

\$ 4.89 LB

REG. \$ 5.89 LB

**OG FRENCH
GREEN
LENTILS**

\$ 1.99 LB

REG. \$ 2.99 LB

**OG FLAGEOLET
BEANS**

\$ 2.79 LB

REG. \$ 3.59 LB

**OG RED
LENTIL**

\$ 2.29 LB

REG. \$ 2.99 LB

**OG RAW
FILBETS**

\$ 10.99 LB

REG. \$ 16.19 LB

**VANILLA
EXTRACT**

\$ 39.99 LB

REG. \$ 59.99 LB

OG POPCORN

\$ 1.49 LB

REG. \$ 1.99 LB

**OG TRI-COLOR
QUINOA**

\$ 2.99 LB

REG. \$ 3.99 LB

**OG WHOLE
CASHEW**

\$ 8.49 LB

REG. \$ 11.49

**NATIONAL COFFEE
LOVERS DAY OCT 1ST,
SNUGGLE UP WITH
FAIRTRADE
CAFÉ MAM BULK
COFFEE **ON SALE** FOR
THE MONTH OF
OCTOBER!**

New In Bulk

**OG AVOCADO
OIL**

*Perfect for cooking with
High Heat & Keto Friendly*

OPEN M,W,F 9AM-7PM TUES,THURS 8AM-7PM SAT 9AM-6PM SUN 10AM-6PM

COOSHEADFOODCOOP1971

COOS HEAD FOOD CO-OP

VISIT US ONLINE AT: COOSHEADFOOD.COOP

353 S. 2ND STREET, COOS BAY, OREGON 97420



STORE PHONE: (541) 756-7264



COOS HEAD FOOD CO-OP

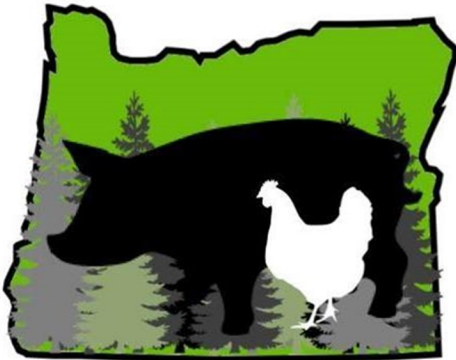
Fresh Produce, Locally Sourced, & Community Owned Co-Op!

- OCTOBER MONTHLY SALE ITEMS -



MEAT DEPARTMENT

PACHAMAMA FARM



Forest Raised - Treated with Dignity - No Weird Stuff Quality Meat

FORCE -OF- NATURE



GROUND VENISON & GROUND BISON



New in the Department:

- PACHAMAMA CHICKEN APPLE MAPLE
- DIESTAL GROUND WHITE TURKEY
1 LB
- BEELEERS CHORIZO GROUND
NON-GMO 1 LB



**FREE RANGE
NON-GMO
TURKEYS
AVAILABLE
WHILE SUPPLIES
LAST.**



**MARY'S NON-GMO
TURKEYS
\$2.69 LB**

AIR CHILLED SMART CHICKEN

**SMART CHICKEN ORGANIC
DRUMSTICKS SOUNDS GREAT
FOR A PICNIC, PAIRED WITH
OUR DELI'S DELICIOUS
ORGANIC POTATO SALAD.**



OPEN M,W,F 9AM-7PM TUES,THURS 8AM-7PM SAT 9AM-6PM SUN 10AM-6PM

COOSHEADFOODCOOP1971 COOSHEADFOODCO-OP VISIT US ONLINE AT: COOSHEADFOOD.COOP

353 S. 2ND STREET, COOS BAY, OREGON 97420



STORE PHONE: (541) 756-7264